

# Physical recovery of Intensive Care Unit survivors

Gepubliceerd: 17-07-2020 Laatst bijgewerkt: 18-08-2022

To determine the feasibility of the measurement protocol of a large prospective longitudinal study to describe the exercise capacity and physical functioning of critical illness survivors up to 5 years after discharge from the ICU.

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving nog niet gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Observationeel onderzoek, zonder invasieve metingen

## Samenvatting

### ID

NL-OMON22617

### Bron

NTR

### Verkorte titel

TBA

### Aandoening

Post-intensive care syndrome

## Ondersteuning

**Primaire sponsor:** Amsterdam UMC, location AMC, department of Rehabilitation

**Overige ondersteuning:** Amsterdam UMC, location AMC, department of Rehabilitation

## Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

1. Feasibility of the measurement protocol; 2. Maximal exercise capacity; 3. Perceived physical functioning

# Toelichting onderzoek

## Achtergrond van het onderzoek

Rationale: Several studies evaluated the deleterious effect of critical illness on physical functioning, with exercise limitations and neuromuscular abnormalities, during and shortly after hospital discharge. As survival rates improve among critically ill patients, there is a growing need to also understand the long-term effects. This information is currently lacking, but crucial for the development of optimal rehabilitation strategies for critical illness survivors after hospital discharge. Therefore, we aim to set up a large prospective longitudinal study to describe the exercise capacity and physical functioning of critical illness survivors up to 5 years after discharge from the Intensive Care Unit (ICU) and to explore potential determinants. To determine the feasibility of the measurement protocol, we will first conduct a cross-sectional feasibility study, including critical illness survivors in different phases of their recovery.

Objective: This project aims to obtain more insight into the feasibility of the measurement protocol of a large prospective longitudinal study to describe the exercise capacity and physical functioning of critical illness survivors up to 5 years after discharge from the ICU.

## Doel van het onderzoek

To determine the feasibility of the measurement protocol of a large prospective longitudinal study to describe the exercise capacity and physical functioning of critical illness survivors up to 5 years after discharge from the ICU.

## Onderzoeksopzet

0-5 years post-ICU discharge

# Contactpersonen

## Publiek

Amsterdam UMC, Locatie AMC  
Bastian Stocker

+31621155951

## Wetenschappelijk

Amsterdam UMC, Locatie AMC  
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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

In order to be eligible to participate in this study, a subject must meet all of the following criteria:

- Admitted to an ICU.
- Mechanically ventilated  $\geq$  24 hours.
- Discharged alive from the ICU.
- Minimum age of 18 years.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

A potential subject who meets any of the following criteria will be excluded from participation in this study:

- Contraindication for being physically active (according to the guidelines by the American College of Sports Medicine).
- Documented history of neurologic disease or psychiatric disease or significant cognitive impairment.
- Unable to follow verbal or written instructions.
- Insufficient mastery of the Dutch language.

## Onderzoeksopzet

### Opzet

Type: Observationeel onderzoek, zonder invasieve metingen

Onderzoeksmodel: Anders

Toewijzing: N.v.t. / één studie arm

**Controle:** N.v.t. / onbekend

### Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	17-07-2020
Aantal proefpersonen:	30
Type:	Verwachte startdatum

## Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

**Wordt de data na het onderzoek gedeeld:** Nee

## Ethische beoordeling

Positief advies	
Datum:	17-07-2020
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL8780
Ander register	METC AMC : METC2019_238

## Resultaten