## Lung MR in children

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We hypothesise that the new MRI protocol will be superior to the previous protocol at calculating lung volumes and central airways dimensions, and subsequently improve the detection and quantification of TA in both CF and asthma disease pathologies.

**Ethische beoordeling** Niet van toepassing **Status** Werving nog niet gestart

Type aandoening -

**Onderzoekstype** Observationeel onderzoek, zonder invasieve metingen

## **Samenvatting**

#### ID

NL-OMON22658

**Bron** 

Nationaal Trial Register

Verkorte titel

Lung MR in children

**Aandoening** 

cystic fibrosis, astma

## **Ondersteuning**

**Primaire sponsor:** erasmus Mc

**Overige ondersteuning:** fund = initiator = sponsor

### Onderzoeksproduct en/of interventie

#### **Uitkomstmaten**

#### Primaire uitkomstmaten

- Signal to Noise Ratio (SNR) between the current clinical protocol (MRI1) and the proposed protocol (MRI2)
- Intra and inter-observer variability for multiple measurements of lung volumes, central airways' dimensions (i.e. cross-sectional areas) on MRI

## **Toelichting onderzoek**

#### Achtergrond van het onderzoek

MRI offers a safe, radiation free imaging technique to evaluate structural lung damage and improve our understanding of the pathophysiology of paediatric asthma and cystic fibrosis (CF). Identification of early structural airway and lung volume changes in both CF and asthma is needed to adjust treatment aimed at preventing irreversible structural lung changes. Advances in MRI sequencing protocols have improved the capacity of MRI to detect changes in lung structure. We speculate that in CF and asthma, central airway dimensions may be reduced due to airway wall thickening (AWT) and that the reduced lung volume commonly reported in CF and may also be present in asthma patients. We hypothesise that the new MRI protocol will be superior to the previous protocol at calculating lung volumes and central airways dimensions, and subsequently improve the detection and quantification of TA in both CF and asthma disease pathologies.

#### Objective of the study

Primary objective: to evaluate the image quality between the two protocols using Signal to Noise Ratio (SNR) measurements Secondary objectives:

1) test if measurements of lung volume and ratio (SNR) measurements of lung volume and central airways dimensions using MRI are related to validated pulmonary function tests in children with respiratory disorders and healthy controls; 2) assess capacity to detect TA in a new MRI protocol

#### Study design

Single centre, cross-sectional hospital-based study

#### Study population

Children aged 8 – 18 years treated for CF or asthma and healthy siblings of these children.

#### Primary study parameters

The main endpoint of this study is to test an improved lung MRI protocol for children. Our proposed protocol was first optimized in a group of adult volunteers. We will assess the reliability of repeated measurements of lung volume and central airways' dimensions using MRI in three groups of children aged 8 -18 years old.

#### Secondary study parameters

The secondary objectives of this study are: 1) test if measurements of lung volume and central airways dimensions using MRI are related to validated pulmonary function tests in children with respiratory disorders and healthy controls; 2)to assess the ability of a new MRI sequence protocol to detect TA.

The burden associated with participation in this study is minimal. The MRI protocol is only 15 minutes longer than the routinely used lung MRI protocol because additional improved sequences have been added. CF patients are familiar with this MRI procedure as they routinely have a lung MRI every second year as part of their annual examination. For CF

patients, the extra MRI will be scheduled in combination with a routine visit or with the annual examination wherever possible. For asthmatic and healthy controls, participation will involve an extra visit to the Sophia Children's Hospital on one occasion specifically for the study.

The primary benefits of participation in this study are that the new protocol may improve detection and quantification of structural changes in the CF and asthma patients which otherwise would not have been detected. There is no direct benefit to healthy children participating in this study. Healthy children are required as a control reference population to quantify lung volume and airway dimensions using the new MRI sequences.

The only perceivable risk to the children in this study is that performing an MRI may induce claustrophobia. This risk is negligible as all available methods to familiarise the children and reduce this risk will have been implemented prior to performing the MRI. If claustrophobia occurs, the child will be withdrawn from the MRI machine immediately, and withdrawn from the study.

#### Doel van het onderzoek

We hypothesise that the new MRI protocol will be superior to the previous protocol at calculating lung volumes and central airways dimensions, and subsequently improve the detection and quantification of TA in both CF and asthma disease pathologies.

#### **Onderzoeksopzet**

One visit of max 2 hours

#### Onderzoeksproduct en/of interventie

MRI and lung function tests

## Contactpersonen

#### **Publiek**

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### Wetenschappelijk

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## **Deelname** eisen

# Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Aged between 8 18 years;
- Clinical diagnosis of CF confirmed by a positive sweat test or two CF-related mutations OR;
- Clinical diagnosis of asthma as confirmed by treating physician OR;
- Healthy child as determined by no history of respiratory disease or congenital deformities.
- Ability to perform lung function tests.
- Written informed consent from parent

# Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- Inability to follow instructions of the investigator
- Claustrophobia
- Any clinical condition which, according to the treating physician, might put the patient at risk
- For CF patients: respiratory tract infection requiring IV antibiotics in the last 4 weeks;
- For asthma patients: exacerbation requiring a course of oral corticosteroids in the last 4 weeks

## **Onderzoeksopzet**

## **Opzet**

Type: Observationeel onderzoek, zonder invasieve metingen

Onderzoeksmodel: Parallel

Toewijzing: N.v.t. / één studie arm

Blindering: Open / niet geblindeerd

Controle: N.v.t. / onbekend

#### **Deelname**

Nederland

Status: Werving nog niet gestart

(Verwachte) startdatum: 01-04-2014

Aantal proefpersonen: 36

Type: Verwachte startdatum

## **Ethische beoordeling**

Niet van toepassing

Soort: Niet van toepassing

## **Registraties**

## Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register ID

NTR-new NL4298 NTR-old NTR4442

Ander register METC Erasmus MC: 2014-073

## Resultaten