

Brainwork Study

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The objective of the research is to generate knowledge about the effectiveness of the Brainwork method in the sickness absence counseling of sick-listed unemployed and temporary agency workers and workers with expired fixed-term contracts with...

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON22917

Bron

NTR

Verkorte titel

N/A

Aandoening

Unemployment, Psychological problems, Sick leave, Participation, Return-to-work, Intervention

Ondersteuning

Primaire sponsor: Academic Medical Center, Department: Coronel Institute of Occupational Health/Research Center for Insurance Medicine, University of Amsterdam

Overige ondersteuning: Academic Medical Center, Department: Coronel Institute of Occupational Health/Research Center for Insurance Medicine, University of Amsterdam

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Sick leave duration; number of days from the first day of sick leave until the day of Return-to-work (RTW)

Toelichting onderzoek

Achtergrond van het onderzoek

Background of the study:

Workers without an employment contract, such as unemployed and temporary agency workers, are at higher risk of work disability compared to the general working population as there is no employer to return to when sick-listed. In the Netherlands 40% of the sick leave of unemployed and temporary agency workers is due to psychological problems. Also psychological problems are associated with prolonged work disability. In the Netherlands, the Sickness Benefits Act provides for workers without an employment contract who become sick-listed. The Social Security Agency (SSA) provides a sickness benefit during the first two years of sickness absence. There are no legislative mandates for these workers to be returned to their previous/last job. Therefore the SSA is also responsible for the sickness absence counseling. This is conducted by an insurance physician (IP) but is less intensive as compared to return to work counseling of occupational physicians (that is the counseling available for workers with an employment contract). Since there are currently few return to work interventions applied for workers without an employment contract, it is important to improve the quality and approach of sickness absence counseling of these workers and develop interventions which promote return to work. For this purpose, the Brain Work method has been developed.

The Brainwork method is an activating approach, whereby the sick-listed workers are encouraged to exercise and undertake activities. There is also tailor made attention to their mental or psychosocial problems. It is expected that this approach leads to improving of functioning of the sick-listed worker and that just doing nothing or sickness absence counseling as care as usual leads to prolonged work disability.....

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Objective of the study:

The objective of the research is to generate knowledge about the effectiveness of the Brainwork method in the sickness absence counseling of sick-listed unemployed and temporary agency workers and workers with expired fixed-term contracts with psychological problems.

Primary outcome of the study:

Sick leave duration; number of days from the first day of sick leave until the day of RTW.

Doel van het onderzoek

The objective of the research is to generate knowledge about the effectiveness of the Brainwork method in the sickness absence counseling of sick-listed unemployed and temporary agency workers and workers with expired fixed-term contracts with psychological problems. The Brainwork method consists of an activating approach/intervention and providing structure to sick-listed individuals.

The Hypothesis is that an activating approach of sick-listed individuals with psychological problems will reduce the sick leave period.

Onderzoeksopzet

Primary outcome:

Sick leave duration: continuously.

Instrument: SSA database.

Secondary outcomes:

1. Proportion return to work: 8 and 12 months. Instrument: SSA database.
2. Duration from transfer to SSA until RTW: continuously. Instrument: SSA database.
3. Number of days of paid employment during follow-up. Instrument: own questions questionnaire at 4, 8 and 12 months.
4. Degree of participation (ordinal scale: inactive/volunteer/labor experience/paid work). Instrument: own questions questionnaire at 4, 8 and 12 months.
5. Psychological complaints: Instrument: General Health Questionnaire (GHQ) at baseline, 4, 8 and 12 months.
6. Self-efficacy in returning to work: self-efficacy related to work performance after sick leave. Instrument: SEWNV questionnaire at baseline, 4, 8 and 12 months.
7. Costs and benefits from SSA perspective.
Instrument: SSA database.

Onderzoeksproduct en/of interventie

The activating intervention consists of some components, of which the composition varies depending on the severity of the psychological problems. The components consist of an exercise program, labor training, gym membership, motivational interviewing and custom made psychological or social intervention

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Sick-listed unemployed and temporary agency workers and workers with expired fixed term contracts with psychological problems
2. Expected recovery within 1 year
3. Age 18-64 years

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Recent pregnancy till 3 months post partum

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Niet-gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-10-2013
Aantal proefpersonen:	300
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	27-09-2013
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL3976
NTR-old	NTR4190
Ander register	: W13_050#13.17.0066
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

N/A