

Psychoeducation for older adults with ASD

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Psychoeducation is recommended after diagnosis. For older adults with autism there currently is no evidence based psychoeducation available. We hypothesize that participating in our psychoeducation will lead to a more comprehensive understanding of...

Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON22920

Bron

NTR

Aandoening

Autism, Autism spectrum disorder, Psychoeducation
Autisme, Autismespectrumstoornis, Psycho-educatie

Ondersteuning

Primaire sponsor: Academische Werkplaats Autisme Reach-Aut Dr Leo Kannerhuis & Universiteit van Amsterdam

Overige ondersteuning: Fund = initiator = sponsor and ZonMW

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Autism Spectrum Quotient (AQ) self - AQ other (i.e., difference score) between week 2, 6, and 12.

Cognitive Failures Questionnaire (CFQ) self - CFQ other (i.e., difference score between week

2,3, and 12.

Cognitive Failures Questionnaire (CFQ) self - CFQ other (i.e., difference score) between 0 and 6 weeks.

Toelichting onderzoek

Achtergrond van het onderzoek

In this timeseries study we will examine the effect of the psychoeducation "Ouder & Wijzer: psycho-educatie voor ouderen met ASS". During the baseline phase, participants will fill out questionnaires each week. Subsequently, during the intervention phase, participants will both fill out questionnaires as well as receive the psychoeducation each week. Older adults (55+) will be included in the study. The psychoeducation is specifically focused on aging with ASS, and was developed in collaboration with clinicians and people with ASS. Topics include, for example, cognitive aging and changes in health, living arrangements, social networks.

Doel van het onderzoek

Psychoeducation is recommended after diagnosis. For older adults with autism there currently is no evidence based psychoeducation available. We hypothesize that participating in our psychoeducation will lead to a more comprehensive understanding of the person's autism and cognitive abilities. The beneficial effect is defined as a smaller discrepancy in reported autism symptoms and cognitive abilities between the person with autism themselves and an important other. Furthermore, we expect a decreased discrepancy to be followed by improvements in participant's daily lives.

Onderzoeksopzet

Screening participants: week 1

Baseline phase: week 2, 3, 4, 5, and 6

Intervention phase: week 7, 8, 9, 10, 11, and 12

Onderzoeksproduct en/of interventie

"Ouder & Wijzer: psycho-educatie voor ouderen met ASS"

"Older & Wiser: psychoeducation for older adults with ASD"

Contactpersonen

Publiek

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Participants can be included in the study if they:

1. Have a clinical diagnosis of Autism, Asperger Syndrome or PDD-NOS according to DSM-IV or Autism Spectrum Disorder according to DSM-5
2. Are 55 years old or older
3. Are proficient in the Dutch language
4. Can participate in a group setting

5. Have an IQ of 80 or above

6. Have previously had basic individual or group psychoeducation about ASD

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Participants can not be include in the study if they have comorbid problems that need immediate care

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	08-08-2018
Aantal proefpersonen:	10
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
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NTR-new	NL5670
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NTR-old	NTR5907
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Ander register Ethische Commissie Universiteit van Amsterdam : 2015-BC-4464

Resultaten