

# H2Oil-timing: Tubal flushing with oil-based contrast during HSG in subfertile women: Is early flushing effective and costeffective as compared to delayed flushing?

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Our hypothesis is that tubal flushing at HSG with oil-based contrast incorporated in the fertility work-up will result in 10% more ongoing pregnancies and a shorter time to pregnancy, and thus reducing the need for ART and reducing costs.

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON23111

### Bron

NTR

### Verkorte titel

H2Olie-timing

### Aandoening

Subfertility, tubal patency testing

### Ondersteuning

**Primaire sponsor:** Amsterdam UMC, VUmc

**Overige ondersteuning:** ZonMw, Guerbet

### Onderzoeksproduct en/of interventie

# Uitkomstmaten

## Primaire uitkomstmaten

The primary outcome is time to live birth, calculated from positive pregnancy test and within 12 months after randomization.

## Toelichting onderzoek

### Achtergrond van het onderzoek

**Rationale:** We hypothesize that direct tubal flushing with oil-based contrast at HSG incorporated in the fertility work-up results in 10% more ongoing pregnancies and a shorter time to pregnancy compared to delayed tubal flushing 6 months after fertility work-up is completed in women at low risk for tubal pathology, which will lead to a reduction in the need for expensive fertility treatments like IVF and/or ICSI, and will therefore be an effective and cost effective strategy.

**Objective:** The aim of this study is to determine whether direct tubal flushing with oil-based contrast at HSG incorporated in the fertility work-up results in 10% more ongoing pregnancies and a shorter time to pregnancy, which will therefore be effective and cost-effective compared to delayed tubal flushing 6 months after fertility work-up is completed in women at low risk for tubal pathology.

**Study design:** We plan a multicentre randomized controlled trial with an economic analysis alongside it. Infertile women at low risk for tubal pathology will be randomized to direct tubal flushing with oil-based contrast incorporated in the fertility work-up or delayed tubal flushing 6 months after fertility work-up is completed.

**Study population:** Infertile women under 39 years of age, who have a spontaneous menstrual cycle and at low risk for tubal pathology, undergoing fertility work-up.

**Intervention:** Direct tubal flushing with oil-based contrast at HSG as part of the fertility work-up compared to delayed tubal flushing 6 months after the fertility work-up is completed.

**Main study parameters/endpoints:** The primary outcome is time to live birth, calculated from positive pregnancy test and within 12 months after randomization. Our hypothesis is that tubal flushing at HSG with oil-based contrast incorporated in the fertility work-up will result in 10% more ongoing pregnancies and a shorter time to pregnancy, and thus reducing the need for ART and reducing costs.

**Nature and extent of the burden and risks associated with participation, benefit and group relatedness:** As we compare strategies (tubal flushing with oil-based contrast at HSG incorporated in the fertility work-up versus 6 months after completion of fertility work-up) that are already applied in current practice, no additional risks or burdens are expected from

the study.

### **Doel van het onderzoek**

Our hypothesis is that tubal flushing at HSG with oil-based contrast incorporated in the fertility work-up will result in 10% more ongoing pregnancies and a shorter time to pregnancy, and thus reducing the need for ART and reducing costs.

### **Onderzoeksopzet**

Follow-up 12 months

### **Onderzoeksproduct en/of interventie**

Direct HSG with oil-soluble contrast, incorporated in the fertility workup (intervention).  
Delayed HSG with oil-soluble contrast 6 months after fertility workup (control).

## **Contactpersonen**

### **Publiek**

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### **Wetenschappelijk**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

In order to be eligible to participate in this study, women must meet all of the following criteria:

- Between 18-39 years of age
- Spontaneous menstrual cycle
- Perceived low risk for tubal pathology
- Undergoing fertility work-up

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

- Women with known endocrine disorders (e.g. the polycystic ovary syndrome, diabetes, hyperthyroidism and hyperprolactinemia)
- Ovulation disorders defined as less than eight menstrual cycles per year
- Iodine allergy
- Male subfertility defined as a post-wash total motile sperm count  $< 3 \times 10^6$  spermatozoa/ml
- Not willing or able to sign the consent form

## **Onderzoeksopzet**

### **Opzet**

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

### **Deelname**

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	22-08-2019
Aantal proefpersonen:	554
Type:	Verwachte startdatum

## **Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)**

**Wordt de data na het onderzoek gedeeld:** Nog niet bepaald

### **Toelichting**

N/A

## Ethische beoordeling

Positief advies

Datum: 01-08-2019

Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 52895

Bron: ToetsingOnline

Titel:

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL7926
CCMO	NL62838.029.19
OMON	NL-OMON52895

## Resultaten

### Samenvatting resultaten

N/A