

Prevention of Adolescent Social and Test Anxiety.

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1. Cognitive behavioural group therapy is more effective than no intervention in prevention of social anxiety and related psychological problems; 2. Computer-based BiasRetraining is more effective than no intervention in prevention of social...

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aanpak	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON23165

Bron

NTR

Verkorte titel

PASTA

Aanpak

1. Control group;
2. Cognitive behavioural group therapy;
3. Computer-based BiasRetraining.

Ondersteuning

Primaire sponsor: 1. Accare, University Centre Child and Adolescent Psychiatry;
2. University of Groningen (RuG) department of Clinical and Developmental Psychology;
3. University Medical Centre Groningen (UMCG).

Overige ondersteuning: ZonMW-prevention (www.zonmw.nl)

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. Revised Child Anxiety and Depression Scale (RCADS, Chorpita et al., 2000);

2. Spielberger Test Anxiety Inventory (Spielberger et al., 1980);

3. the interference of mental disorders by the semi-structured Anxiety;

4. Disorder Interview Schedule (ADIS, Silverman and Albano, 1996).

Toelichting onderzoek

Achtergrond van het onderzoek

In this study the effectiveness of two easily accessible interventions is tested. Participants (2300) are recruited on high schools. They are screened on symptoms of social and test anxiety. Participants with elevated scores are interviewed (ADIS C/P). After the interview they are randomly assigned to one of three conditions (assignment takes place on school level). Participants are measured immediately before the intervention/control, immediately after intervention/control and there is a follow-up at 6, 12 and 24 months. At 24 months all 2300 participants will be screened again.

Doel van het onderzoek

1. Cognitive behavioural group therapy is more effective than no intervention in prevention of social anxiety and related psychological problems;
2. Computer-based BiasRetraining is more effective than no intervention in prevention of social anxiety and related psychological problems;
3. Cognitive behavioural group therapy and BiasRetraining are equally effective in preventing social anxiety and related psychological problems.

Onderzoeksopzet

Assessments take place at pretest, posttest, and at 6, 12, and 24 months follow-up.

The ADIS will only be included in the pretest, posttest and 12 months follow-up assessment, whereas the self report questionnaires will be included in all assessments.

Onderzoeksproduct en/of interventie

1. Cognitive behavioural group therapy (appr. 8 participants per group): 12 1,5-hour sessions. Psycho-education, cognitive therapy, exposure, task concentration training;
2. Bias Retraining: internet-based training consisting of 21 45-minute sessions using Interpretational bias retraining, attentional bias retraining and self-esteem conditioning tasks.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Scholars in first and second grade of high school (age 13-15);
2. VMBO-T, HAVO and VWO (Atheneum and Gymnasium) with elevated symptoms of social and test anxiety as measured with RCADS and ETAV.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. PDD;
2. Other mental disorders based on the ADIS interview C/P;
3. Severe social and/or test anxiety.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	10-04-2007
Aantal proefpersonen:	2300
Type:	Werkelijke startdatum

Ethische beoordeling

Positief advies	
Datum:	03-05-2007
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL940
NTR-old	NTR965
Ander register	: METC2006.005
ISRCTN	incomplete

Resultaten

Samenvatting resultaten

N/A