

Evaluation of a School-Based Depression Prevention Program for Youths in High-risk Neighborhoods.

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The depression prevention program ("Op Volle Kracht") will be delivered by teachers in the school curriculum in schools with adolescents from high-risk background. It is expected that adolescents who receive the interventions will show...

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON23315

Bron

NTR

Aandoening

Adolescents, depression, prevention

Ondersteuning

Primaire sponsor: Behavioural Science Institute, dept of Developmental Psychopathology

Overige ondersteuning: Zon-Mw, The Netherlands. Organization for Health and Research and Development

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Depressive symptoms; Child Depression Inventory (CDI).

Toelichting onderzoek

Achtergrond van het onderzoek

In this randomized controlled trial (RCT, with 2 conditions, intervention and control group) the effectiveness and mediating mechanisms of a school-based depression prevention program for adolescents (12-14 years of age) from high-risk neighborhoods will be tested. Adolescents in the intervention group receive the program consisting of 16 lessons integrated with the school curriculum. Measurements of primary and secondary outcomes will be conducted in the intervention and control group at four times (baseline, post intervention, 6 and 12 months follow up).

Doel van het onderzoek

The depression prevention program ("Op Volle Kracht") will be delivered by teachers in the school curriculum in schools with adolescents from high-risk background. It is expected that adolescents who receive the interventions will show lower (increase in) depressive symptoms during the follow-up measurements, compared to the control group. Mediating effects for cognitive vulnerability to stress are hypothesized.

Onderzoeksopzet

1. Baseline (December 2011);
2. Post intervention (June 2012);
3. Follow up: 6 months after the end of the intervention (December 2012);
4. Follow up: 12 months after the end of the intervention (June 2013).

Onderzoeksproduct en/of interventie

Participating classes will be randomly allocated to the intervention or control condition, stratified for educational level. Allocation will be done within schools. All the groups in the intervention condition will receive the program which consists of 16 lessons of 50 minutes and will be integrated in the school curriculum from January until June 2012. The program will be delivered by trained teachers.

Adolescents in the control condition receive no intervention and will follow the regular school curriculum.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Adolescents in 7th and 8th grade, high school (ages 12-14 years);
2. Schools with at least 30% of the pupils living in low income areas. 7th and 8th grade (VMBO-K, VMBO-T, HAVO, VWO, Gymnasium);
3. Passive informed consent.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Parents who do not allow their child to participate.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-12-2011
Aantal proefpersonen:	1453
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	12-10-2011
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL2963

Register

NTR-old

Ander register

ISRCTN

ID

NTR3110

ZonMw : 80-82470-98-006-01

ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

N/A