

# **Effectiveness study of the Social Network Strategies in youth care.**

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First, working from SNS will lead to a decrease in child's problems. Second, SNS will lead to increase in empowerment, and decrease in parenting stress. Third, the alliance between the client and social worker will moderate the outcomes of SNS

<b>Ethische beoordeling</b>	Niet van toepassing
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## **Samenvatting**

### **ID**

NL-OMON23397

### **Bron**

NTR

### **Verkorte titel**

SNS

### **Aandoening**

psychosocial adjustment; social network strategy;empowerment

## **Ondersteuning**

**Primaire sponsor:** - NIM Maatschappelijk werk, Panovenlaan 1, 6525 DZ Nijmegen, The Netherlands.

- Entrea, Postbus 6731, 6503 GE Nijmegen, the Netherlands.
- Behavioural Science Institute, Radboud University Nijmegen, P.O. Box 9104, 6500 HE Nijmegen, The Netherlands.
- Praktikon, Toernooiveld 5, 6525 ED Nijmegen, The Netherlands.
- Gemeente Nijmegen (Municipality of Nijmegen), Postbus 9105, 6500 HG, Nijmegen.

**Overige ondersteuning:** ZonMw; 70-72900-98-13179.

ZonMw, Postbus 93 245, 2509 AE Den Haag, the Netherlands.

## **Onderzoeksproduct en/of interventie**

### **Uitkomstmaten**

#### **Primaire uitkomstmaten**

Reduction of problems of the child: BPM-Y/BPM-P and SDQ (scale: 'prosocial behaviour').

## **Toelichting onderzoek**

### **Achtergrond van het onderzoek**

The present study aims to examine the effectiveness of Social Network Strategies in a sample of Dutch families with children between 8 and 18 years. All families receive help from one of two youth care institutes. The effectiveness of this strategy will be compared with care as usual trajectories within two Dutch youth care agencies. It is expected that Social Network Strategies will lead to a stronger reduction of problems of the child compared to the care as usual trajectories. Additionally it is expected that working from Social Network Strategies will lead to a stronger increase of the social network, a stronger reduction of parental stress and a stronger increase of empowerment of the family. Finally, it is expected that the alliance between the client and social worker has a positive moderating influence on the primary and secondary outcomes.

### **Doele van het onderzoek**

First, working from SNS will lead to a decrease in child's problems. Second, SNS will lead to increase in empowerment, and decrease in parenting stress. Third, the alliance between the client and social worker will moderate the outcomes of SNS

### **Onderzoeksopzet**

1. Premeasurement (baseline)
2. after three sessions: client - professional alliance
3. Post measurement (end of treatment).
4. Follow up 1 (after 3 months)
5. Follow up 2 (after 6 months)

## **Onderzoeksproduct en/of interventie**

Clients in the experimental group will receive the intervention called 'Social Network Strategy', developed by Riet Portengen ([www.sonestra.nl](http://www.sonestra.nl)). Clients in the control group will receive the care as usual trajectories within the two care agencies.

## Contactpersonen

### Publiek

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### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Outpatient treatment program within NIM or Entréa.
2. Families with children between 8 and 18 years.
3. A family member requests for help concerning a problem.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

In case of crisis or in case of parental mediation, the family will be excluded. In this cases a Social Network Strategy approach cannot be used.

# Onderzoeksopzet

## Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Enkelblind
Controle:	Geneesmiddel

## Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-04-2014
Aantal proefpersonen:	128
Type:	Verwachte startdatum

## Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL5066
NTR-old	NTR5197
Ander register	Zon-MW : 729111007

## Resultaten

### Samenvatting resultaten

n/a