

Eurythmytherapy and mental health

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1. The augmentation in scores (t2-t1 and t3-t1) is higher for EYT group than control group on the original complaint controlled for other treatment. 2. The augmentation in scores is higher for EYT group than control group on self-determination....

Ethische beoordeling	Niet van toepassing
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON23424

Bron

Nationaal Trial Register

Verkorte titel

EYT

Aandoening

Eurythmytherapy, mental health.

ICD-10 diagnoses in previous EYT-research: C-N, R51, R53 and Z73.

Euritmietherapie (ET), mentale gezondheid

Diagnoses in eerder ET-onderzoek op basis van ICD-10 coderingen: C-N, R51, R53 en Z73.

Ondersteuning

Primaire sponsor: student researcher

Overige ondersteuning: student researcher

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Toelichting onderzoek

Achtergrond van het onderzoek

The efficacy of eurythmytherapy is measured before and after normal treatment by questionnaire. EYT-clients are compared to people who are indicated for EYT, but choose not to join EYT. The study aims to ameliorate the indication policy for EYT by physicians, physiotherapists and psychologists and to contribute to evidence-bases.

The Netherlands

Doel van het onderzoek

1. The augmentation in scores (t2-t1 and t3-t1) is higher for EYT group than control group on the original complaint controlled for other treatment.
2. The augmentation in scores is higher for EYT group than control group on self-determination.
3. The decline in scores is higher for EYT group than control group on sleeping problems.
4. The decline in scores is higher for EYT group than control group on psychopathology.
5. If self-determination score augments, psychopathology score will decline in both groups.
6. Self-determination mediates the negative relation between EYT and psychopathology.
7. People within EYT-group who do accomplish their EYT-exercises five or more days a week, have more decrease in psychopathology score, than people who practice less days a week.
8. People within EYT-group who scored low on self-determination at t1 benefit psychologically most from EYT, expressed by highest decrease in psychopathology score.
9. On which diagnoses is EYT most/least effective?

Onderzoeksopzet

Intervention group: pre-test, post-test, follow-up (1 month).

Control group: pre-test, post-test after 7 or 8 weeks, follow-up (1 month)

Onderzoeksproduct en/of interventie

Eurythmytherapy (EYT) is a specific movement therapy used as complementary therapy or monotherapy. EYT is performed in individual therapy sessions of about 25 to 30 minutes duration one or two times a week. Part of the treatment is the instruction to practice the learned EYT-exercises at home for about 10 minutes a day.

The intervention group receives 'treatment as usual' containing EYT. The control group receives also 'treatment as usual' containing no EYT.

Results are measured by questionnaires: t1 (pretest), t2 (posttest) and t3 (follow-up). Completing a questionnaire takes approximately 15 minutes each time.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

age 18+

able to move reasonably well

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

legally incompetent

bedridden

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Niet-gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-09-2017
Aantal proefpersonen:	230
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL6424
NTR-old	NTR6601
Ander register	commissie Ethische Toetsing Onderzoek, Open Universiteit : U2017/01072/FRO

Resultaten