

# Transplantation of Feces in Acute Pouchitis

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We hypothesize that FMT from a healthy donor will modulate the microbiome of the pouch of patients with ulcerative colitis, and will thereby resolve the inflammation of the pouch.

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving tijdelijk gestopt
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON23583

### Bron

Nationaal Trial Register

### Verkorte titel

FMT-Pouchitis

### Aandoening

Acute pouchitis

### Ondersteuning

**Primaire sponsor:** Amsterdam UMC, location AMC

**Overige ondersteuning:** None

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

The proportion of patients in clinical and endoscopic remission at week 8

# Toelichting onderzoek

## Achtergrond van het onderzoek

Pouchitis is defined as inflammation of the ileal pouch reservoir and is the most frequent complication in patients with an ileal pouch anal anastomosis (IPAA) after rectoproctocolectomy (RPC) for ulcerative colitis (UC). The cumulative incidence of pouchitis has been reported to be as high as 59% in UC patients(1, 2). However, the pathophysiology of pouchitis is not completely understood. Increasing evidence suggests the microbiome plays a key role in the pathogenesis of pouchitis. Clinical effectiveness of broad-spectrum antibiotics such as metronidazole and ciprofloxacin implies bacteria play an important role in the development of pouchitis(3, 4). To support this dysbiosis hypothesis, pouchitis usually only occurs after ileostomy closure, suggesting exposure to the faecal stream, and subsequently the microbiome, plays a key role in the pathogenesis of pouchitis. Taking this information into account, treating pouchitis by modulating the microbiome might be an attractive solution in pouch patients. A potential approach to accomplish this is by faecal microbiota transfer (FMT). FMT has proved to be successful in treating Clostridium difficile infections and is gaining popularity in inflammatory bowel diseases (IBD) as well. In this study, patients who present with an episode of acute pouchitis will be treated with FMT for four consecutive weeks (by enema and nasojejunal tube administration).

## Doel van het onderzoek

We hypothesize that FMT from a healthy donor will modulate the microbiome of the pouch of patients with ulcerative colitis, and will thereby resolve the inflammation of the pouch.

## Onderzoeksopzet

-1, 0, 1, 2, 3, 4, 8, 26, 52

## Onderzoeksproduct en/of interventie

Faecal microbiota transfer (FMT), administered by rectal enema and nasojejunal tube infusion.

# Contactpersonen

## Publiek

Amsterdam UMC, location AMC  
Djuna de Jong

020-5661260

## **Wetenschappelijk**

Amsterdam UMC, location AMC

Djuna de Jong

020-5661260

## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. Age  $\geq 18$  and  $< 70$ .
2. Ability to give informed consent.
3. IPAA for ulcerative colitis completed at least 4 months prior to inclusion in this study.
4. Episode of acute pouchitis, defined as a mPDAI  $\geq 5$ , and endoscopic subscore of  $\geq 2$ .
5. History of at least one earlier episode of pouchitis, which necessitated antibiotic treatment.
6. Women in their reproductive age period are required to use reliable contraception during participation in this study.

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Pouchitis due to surgery-related conditions (i.e. abscess, fistula, sinus of the pouch), identified by endoscopic assessment of the pouch.
2. Crohn's disease.
3. Patients with signs of severe systemic inflammation (at least two of the following symptoms: temperature  $> 38.5$  °C, tachycardia  $> 100$  bpm (after rehydration), systolic blood pressure  $< 100$  mmHg).
4. Patients with severe pouchitis on endoscopy who require immediate intervention, based on the discretion of the endoscopist.
5. Mechanical complications of the pouch (e.g. pouch stricture or pouch fistula).
6. Diverting ileostomy.
7. Condition leading to profound immunosuppression;
  - a. For example: HIV, infectious diseases leading to immunosuppression, bone marrow malignancies,
  - b. Use of systemic chemotherapy,
  - c. Child-Pugh B/C liver cirrhosis.
8. Use of systemic antibiotic therapy in the preceding 4 weeks.
9. Use of probiotic treatment in the preceding 4 weeks.

10. Use of concurrent anti-inflammatory drugs, e.g. thiopurines, anti-TNF, Vedolizumab. Ustekinumab, JAK-inhibitors, cyclosporine, methotrexate, prednisolone or topical treatment in the preceding 2 months before inclusion.
11. Life expectancy < 12 months.
12. Difficulty with swallowing.
13. Positive stool cultures for common enteric pathogens (Salmonella, Shigella, Yersinia, Campylobacter, enteropathogenic E. coli).
14. Positive C. Difficile stool test
15. Positive dual faeces test for pathogenic parasites e.g. Dientamoeba histolytica, Giardia Lamblia, Dientamoeba fragilis, Blastocystis hominis only if microscopically many or very many blastocysts are seen.
16. Pregnancy or women who give breastfeeding.
17. Vasopressive medication, intensive care stay.
18. Signs of ileus, diminished passage.
19. Allergy to macrogol or substituents, e.g. peanuts, shellfish.
20. Subject who has any condition that in the opinion of the investigator, would compromise the safety of the subject or the quality of the data and is an unsuitable candidate for the study.

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblinddeerd
Controle:	N.v.t. / onbekend

### Deelname

Nederland	
Status:	Werving tijdelijk gestopt
(Verwachte) startdatum:	01-08-2020
Aantal proefpersonen:	20
Type:	Verwachte startdatum

### Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

**Wordt de data na het onderzoek gedeeld:** Nog niet bepaald

## Ethische beoordeling

Positief advies

Datum: 06-08-2020

Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL8817
Ander register	METC AMC : METC 2020_039

## Resultaten