

# COVID-19 Follow-up care paths and Long-term Outcomes Within the Dutch health care system: a combined rehabilitation, pulmonary, and intensive care perspective

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<b>Ethische beoordeling</b>	Niet van toepassing
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Observationeel onderzoek, zonder invasieve metingen

## Samenvatting

### ID

NL-OMON23671

### Bron

Nationaal Trial Register

### Verkorte titel

CO-FLOW

### Aandoening

COVID-19

### Ondersteuning

**Primaire sponsor:** Erasmus MC

**Overige ondersteuning:** ZonMw; kickstart funding: Erasmus MC, Rijndam Rehabilitation, Laurens

# Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

Pulmonary function, fitness, mobility, physical activity, cognitive function, psychological function

## Toelichting onderzoek

### Achtergrond van het onderzoek

**Rationale:** The world is overwhelmed by COVID-19, a new respiratory infectious disease. This new disease and surreal situation are expected to cause severe and long-lasting physical, cognitive and psychological consequences, affecting participation and health-related quality of life. After hospitalization, many patients may need inpatient treatment in a rehabilitation or geriatric center, while others may be able to go home with outpatient rehabilitation. Health care paths and long-term functional outcomes after COVID-19 are not known yet. Knowledge on the extent and predictors of recovery after hospitalization in patients with COVID-19 is urgently needed, and will facilitate optimization of triage and rehabilitation of COVID-19 patients and comparable (future) infectious diseases.

**Objective:** The aim of this study is to set up a registry and to systematically study the long-term outcomes of patients with COVID-19 who survived hospitalization in the Rotterdam Rijnmond area.

**Study design:** Multicenter prospective cohort study with a 2-year follow-up period. Data registration as part of regular care takes place in rehabilitation centers and nursing homes (at admission and discharge) and during regular out-patient visits at 3 and 6 months. Additional measurements predominantly concern long-term measurements after 12 and 24 months post-discharge.

**Study population:** Patients diagnosed with COVID-19, within 3 months post-discharge, aged 18 years and older.

**Intervention (if applicable):** Not applicable.

**Main study parameters/endpoints:** Physical, cognitive, and psychological functioning, using non-invasive clinical tests and online questionnaires.

**Nature and extent of the burden and risks associated with participation, benefit and group relatedness:** The registry is set up for patients with COVID-19 and is therefore group-related. Data are copied from patient records and additional measurements are non-invasive and minimally physically demanding. Completion of questionnaires and additional measurements require a certain time investment from patients and might lead to temporary fatigue. Yet, by providing frequent breaks and a maximum duration of 60-84 minutes per session for online questionnaires and a maximum duration of 40-45 minutes per session for clinical tests, we aim to minimize the burden for patients. Participants will gain more insight in their recovery.

## Doel van het onderzoek

The aim of the CO-FLOW study is to set up a registry and to systematically study the long-term outcomes of patients with COVID-19 who survived hospitalization in the Rotterdam-Rijnmond region, by recording data from usual care and collecting additional data over a 2 years period. Based on current reports, we expect that recovery from COVID-19 will take a long time and that COVID-19 may result in long-term disability.

## Onderzoeksopzet

3, 6, 12, 24 months post hospital discharge

## Contactpersonen

### Publiek

Erasmus MC  
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### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- COVID-19 diagnosis (based on positive PCR or multidisciplinary team decision based on symptoms and CT or positive serology);
- requiring and surviving hospitalization;
- within 6 months post hospital discharge;
- patient or relative has sufficient knowledge of Dutch or English language.

## Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- age < 18 years;
- incapacitated subjects.

## Onderzoeksopzet

### Opzet

Type:	Observationeel onderzoek, zonder invasieve metingen
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

### Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-07-2020
Aantal proefpersonen:	500
Type:	Verwachte startdatum

## Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

**Wordt de data na het onderzoek gedeeld:** Nog niet bepaald

## Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

## Registraties

## Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL8710
Ander register	METC Erasmus MC : MEC 2020-0487

## Resultaten