

Feasibility of an adjusted version of the systems training for emotional predictability and problem solving (STEPPS) for older adults with poor emotion regulation strategies.

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Adjusting the STEPPS protocol for older adults will lead to a better feasibility of the training for this target group.

Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Observationeel onderzoek, zonder invasieve metingen

Samenvatting

ID

NL-OMON23728

Bron

NTR

Verkorte titel

AEROSOL

Aandoening

BPD, poor emotion regulation strategies, emotion regulation disorder

Ondersteuning

Primaire sponsor: N/A

Overige ondersteuning: N/A

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Feasibility of an adjusted version of the STEPPS protocol.

Toelichting onderzoek

Achtergrond van het onderzoek

Recent research has emphasized the importance of adaptations in psychotherapy for older adults. The aim of the current study is to evaluate whether an adaptation of the STEPPS protocol will enhance the feasibility of STEPPS in a group of older adults with poor emotion regulation strategies. In order to do so at first an expert-meeting using the Delphi-method will be held to reach consensus on the necessary adjustments of the STEPPS protocol. Secondly, the feasibility of the adjusted STEPPS protocol for the elderly will be examined in outpatients mental health settings. Results will be compared to a currently performed pilot study by Ekiz and colleagues. It is expected that the adjusted STEPPS protocol will be feasible in the target group of older patients. In addition, we expect to find greater treatment effect in comparison to the current pilot study by Ekiz and colleagues.

Doel van het onderzoek

Adjusting the STEPPS protocol for older adults will lead to a better feasibility of the training for this target group.

Onderzoeksopzet

N/A

Onderzoeksproduct en/of interventie

In a Delphi-study recommendations for adjustments are made by experts. These adjustments will be implemented in the STEPPS protocol. Participants will participate in the adjusted version.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Inclusion criteria are participants of sixty years and older diagnosed with a minimum of three BPD symptoms according to the DSM-5 criteria, indicating poor emotion regulation strategies. Patients are diagnosed with the Dutch version of the Structured Clinical Interview for DSM-5 Disorders, section Personality (SCID-5-P; First, Williams, Smith Benjamin, & Spitzer, 2015; Dutch translation by Arntz, Kamphuis, & Derks, 2017). The patient has (some degree of) willingness to change his/her behavior or feels enough pressure to enter treatment regarding emotion regulation. There has to be a support group, or at least one support figure which is allowed to be a professional for the participants without any form of social network.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Exclusion criteria are: 1) severe cognitive impairments (MoCa < 23); 2) a schizoid, schizotypal or paranoid PD; 3) substance abuse needing clinical detoxification; 4) lifetime prevalence of psychosis or bipolar disorder; 5) major depression; 6) learning disabilities (IQ < 80); 7) patients with significant hearing or vision problems to such an extent that they cannot participate in a group.

Onderzoeksopzet

Opzet

Type:	Observationeel onderzoek, zonder invasieve metingen
Onderzoeksmodel:	Anders
Toewijzing:	Niet-gerandomiseerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-01-2020
Aantal proefpersonen:	28
Type:	Verwachte startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nee

Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register

NTR-new

Ander register

ID

NL8136

METC Zuyderland : METCZ20190161

Resultaten