

Eye Movement Desensitization and Reprocessing treatment in pregnant women with Fear of Childbirth

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Our hypotheses are that in follow-up measurement compared to pretreatment-measurement:
1) WITHIN treatment group there will be a decrease in the severity of the FoC symptoms, and
2) BETWEEN treatment group and care-as-usual group there will be...

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON23809

Bron

NTR

Verkorte titel

EMDR_FoC

Aandoening

Pregnancy, Fear of Childbirth, tocophobia, labour, EMDR

Ondersteuning

Primaire sponsor: Onze Lieve Vrouwe Gasthuis

Overige ondersteuning: Vereniging EMDR Nederland

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Toelichting onderzoek

Achtergrond van het onderzoek

About 6-10% of pregnant women have severe Fear of Childbirth. Our objective is to assess efficacy and safety of EMDR treatment for women with Fear of Childbirth. After screening 1600 pregnant women, 120 pregnant women with Fear of Childbirth will be randomized between care-as-usual and 3 sessions of 90 minutes EMDR.

Doel van het onderzoek

Our hypotheses are that in follow-up measurement compared to pretreatment-measurement:

- 1) WITHIN treatment group there will be a decrease in the severity of the FoC symptoms, and
- 2) BETWEEN treatment group and care-as-usual group there will be less severe FoC symptoms, less caesarean sections, lower health care costs, and a more positive childbirth experience. Last hypothesis is
- 3) that EMDR does not lead to more obstetrical or neonatal complications.

Onderzoeksopzet

Data will be collected at several timepoints:

- Screening (gestational age 8-20 weeks)
- T0:Pre-assessment (circa 20 weeks gestational age)
- In between sessions (every two weeks for care as usual)
- T1: Post-treatment antepartum (30-32 weeks gestational age)
- T2: Post-treatment postpartum (2-3months postpartum)

Onderzoeksproduct en/of interventie

Care-as-usual group: care-as-usual is defined as standard care during pregnancy, with routine obstetrical checks. Assuming good clinical care, anxious pregnant women will receive more counseling compared to not-anxious pregnant women, but will (probably) not be referred for EMDR.

Eye Movement Desensitization and Reprocessing (EMDR) group: EMDR is a psychological

intervention that was developed for the treatment of traumatic memories. It is internationally recognized as a first choice therapy for treating posttraumatic stress disorder. EMDR is conducted according to the Dutch translation of the basic EMDR protocol 2015, and is provided in 3 sessions of 90 minutes. Eye movements were applied as the distracting stimulus.

Contactpersonen

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Pregnant women with a gestational age of 8-20 weeks, who mastered the Dutch language

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

<18 years old,

current psychological treatment

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-04-2015
Aantal proefpersonen:	120
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	28-03-2015
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 47031
Bron: ToetsingOnline
Titel:

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL4885
NTR-old	NTR5122
CCMO	NL49305.100.14
OMON	NL-OMON47031

Resultaten