

Towards Recovery Empowerment and Experiential Expertise.

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Clients in a consumer-driven program for recovery, empowerment and experiential expertise will have better outcomes on self-efficacy and empowerment than clients on a waiting list for the program.

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aanpak	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON23858

Bron

NTR

Verkorte titel

TREE

Aandoening

a consumer-driven program for recovery, empowerment and experiential expertise;
a one-year waiting list

Ondersteuning

Primaire sponsor: Trimbos-instituut

Overige ondersteuning: ZonMw (Netherlands Organisation for Health Research and Development)

SBWU (Stichting Beschermde Wonen Utrecht)

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Self-efficacy, empowerment.

Toelichting onderzoek

Achtergrond van het onderzoek

Many people with mental illness suffer from a loss of valued social roles, have low self-esteem and lack a long-term perspective. This study tests whether a consumer-driven program can help people in their recovery process.

This study is located at four mental health agencies in the Netherlands (SBWU, Utrecht; RIBW Oost-Veluwe, Apeldoorn; Psycope, Maastricht; Rivierduinen, Leiden). In previous years a consumer-driven recovery oriented program was developed at one of the sites (SBWU, Utrecht). This program is the subject of a (partly) randomised controlled trial.

The main inclusion criterium is interest in the program. At two sites clients are randomised to the recovery-oriented program or a waiting list of one year before clients can start with the program. At two other sites (with mainly sheltered living) sheltered living units were assigned to the experimental or control condition. Follow-up at 12 and 24 months.

Outcomes measures: self-efficacy, empowerment, quality of life, identity, social support, community participation, symptoms, service use, met and unmet needs.

Doel van het onderzoek

Clients in a consumer-driven program for recovery, empowerment and experiential expertise will have better outcomes on self-efficacy and empowerment than clients on a waiting list for the program.

Onderzoeksproduct en/of interventie

Clients in the experimental condition can choose between several consumer-driven, recovery oriented interventions:

1. A self-help study group (no specified duration);
2. An introductory seminar attended by the client and his/her practitioner;
3. A five-day introductory course on recovery.

Contactpersonen

Publiek

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Severe mental illness;
2. Interest in a recovery oriented program;
3. Willingness to give informed consent.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

N/A

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-05-2004
Aantal proefpersonen:	140
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	12-09-2005
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register

NTR-new

NTR-old

Ander register

ISRCTN

ID

NL339

NTR378

: 75-427

ISRCTN58617174

Resultaten

Samenvatting resultaten

N/A