

# **Feasibility and pharmacokinetics of nebulized S-ketamine inhalation in healthy adults the NebuKet study**

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- Hypothesis#1 efficacy We hypothesize that a quick onset, and a predictable dose-response, good adjustability of analgesia can be achieved with inhaled ketamine. Hypothesis#2 safety Inhalation of nebulized ketamine might lead to a fast onset of...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## **Samenvatting**

### **ID**

NL-OMON23977

### **Bron**

NTR

### **Verkorte titel**

NebuKet

### **Aandoening**

- ketamine
- nebulization
- pharmacokinetics
- analgesia
- side effects

## Ondersteuning

**Primaire sponsor:** anesthesiology department of LUMC

**Overige ondersteuning:** self-financing research

## Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

safety of procedure

## Toelichting onderzoek

### Achtergrond van het onderzoek

The aim of this study is to investigate the efficacy and safety of nebulizing S-ketamine. Three different doses of nebulized S-ketamine will be administered. Arterial blood samples will be taken to measure pharmokinetic effect. The analgesic effect will be measured by two different pain tests (pressure and electrical test). Side effects will be evaluated by two questionnaires (Bowdle, and Bond&Lader)

### Doel van het onderzoek

- Hypothesis#1 efficacy

We hypothesize that a quick onset, and a predictable dose-response, good adjustability of analgesia can be achieved with inhaled ketamine.

Hypothesis#2 safety

Inhalation of nebulized ketamine might lead to a fast onset of analgesia, with limited adverse events.

### Onderzoeksopzet

Analgesia: before nebulization, 18, 30, 60 and 80 minutes after start of nebulization, pain relief to pressure pain will be studied

pharmacokinetics: arterial blood samples (3 ml per sample) for ketamine and norketamine will be taken before nebulization/iv infusion and at specific time points during and after inhalation and iv treatment.

- Hemodynamics: Continuous cardiopulmonary monitoring

-Side effects will be inquired before start of nebulization, just after and every 20 minutes after nebulization. Side effects will be measured using visual analog scales ranging from 0 to 10 cm of the Bowdle and Bond &Lader questionnaires.

### **Onderzoeksproduct en/of interventie**

nebulizing ketamine

## **Contactpersonen**

### **Publiek**

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### **Wetenschappelijk**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

men/women 18-39years BMI <30kg/m<sup>2</sup>

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

pulmonary disease, hypertensin, liver/renal disease, neurological disorders diaphragmatic hernia/pyrosis, (history of) psychiatric or neurological disease, pregnancy/lactation, allergy to study medication, (history of) illicit drug use/alcoholism; concurrent participation in another trial

## **Onderzoeksopzet**

### **Opzet**

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

### **Deelname**

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	12-08-2015
Aantal proefpersonen:	20
Type:	Verwachte startdatum

## **Ethische beoordeling**

Positief advies	
Datum:	11-08-2015
Soort:	Eerste indiening

## **Registraties**

## **Opgevolgd door onderstaande (mogelijk meer actuele) registratie**

Geen registraties gevonden.

## **Andere (mogelijk minder actuele) registraties in dit register**

Geen registraties gevonden.

## **In overige registers**

<b>Register</b>	<b>ID</b>
NTR-new	NL5210
NTR-old	NTR5358
Ander register	NL53147.058.15 : P15.107

## **Resultaten**