

HospitalitY Project: Combining peer support and skills training 'on the spot'

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Rationale: Patients with a psychotic disorder are impaired on many aspects of social functioning and self-management. Consequently, social and emotional isolation is highly prevalent. Furthermore, clinic based (social) skills training tends not to...

Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON24007

Bron

NTR

Verkorte titel

HospitalitY (HY) Project

Aandoening

Schizophrenia
Schizofrenie
Psychotic disorders
Psychotische stoornissen
Social contact
Sociaal contact
Loneliness
Eenzaamheid
Social skills
Sociale vaardigheden
Functioning
Functioneren
Self esteem
Zelfvertrouwen

Ondersteuning

Primaire sponsor: Rijksuniversiteit Groningen, Universitair Medisch Centrum Groningen, Groningen, The Netherlands

Overige ondersteuning: The Roos Foundation

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The main outcome will be social contact measured with daily evaluations.

Toelichting onderzoek

Doel van het onderzoek

Rationale: Patients with a psychotic disorder are impaired on many aspects of social functioning and self-management. Consequently, social and emotional isolation is highly prevalent. Furthermore, clinic based (social) skills training tends not to generalize to real life situations. Instead, interventions on the spot (e.g. at home or work) to improve (social) functioning are expected to be more effective than clinic based interventions, as skills are learned in the same context as needed.

Objective: The HospitalityY (HY) project is a home-based nurse guided peer support intervention that focuses on increasing social contact and life skills by integrating peer support and skill training. The primary outcome is social contact in the intervention group compared to the waiting list group.

Onderzoeksopzet

Nine time points: every six weeks during 48 weeks.

Onderzoeksproduct en/of interventie

In the HY project, peers will meet in their own environment (i.e. at home) and have dinner with each other. A guided peer support method will be conducted during dinner. Participants have the opportunity to receive and provide support to peers and at the same time improve their social skills. Moreover, a nurse will provide home based support guidance using patient centered goals, targeted at empowering patients to organize a dinner for their peers, while improving life skills. Participants will be encouraged to use their learned skills in daily life (i.e. without counseling of a nurse). Each group consists of three peers. The intervention involves

15 sessions (biweekly, eight months). This way, each participant will receive guests five times.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

A diagnosis in the psychotic spectrum according to DSM-IV TR criteria (295.xx, 297.1, 298,80, 298.90).

Age: between 18-65.

Belangrijkste redenen om niet deel te kunnen nemen

(Exclusiecriteria)

Substance dependence (not substance abuse) of alcohol or other drugs in such a way that it will prohibit participation in peer groups.

Frequent participation in dinners at home with peers and with personal contribution (i.e. cooking).

Insufficient command of the Dutch language.

Unsuitable according to a patients' clinician. For example: florid psychotic episode or group disturbing behaviour.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-08-2016
Aantal proefpersonen:	84
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL5493
NTR-old	NTR5815
Ander register	METC Groningen : 2014.479.

Resultaten