

the effectiveness of supported education and supported employment for young adults with an at risk mental state for psychosis.

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The addition of supported education and work will result in less early school leave and loss of job then care as usual

Ethische beoordeling	Niet van toepassing
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON24303

Bron

NTR

Verkorte titel

SUPER

Aandoening

Ultra High Risk, At Risk Mental State, psychosis, social functioning, role functioning, transition, supported education, supported work

Ondersteuning

Primaire sponsor: Friesland Mental health Services
Hanzehogeschool Groningen

Overige ondersteuning: Provincie Fryslan

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Work or school status

Toelichting onderzoek

Achtergrond van het onderzoek

Patients with an at risk mental state (ARMS) for psychosis often have problems in school and work. Work is good for physical and mental health. Unemployment has been shown to damage our health. A special intervention to support patients in maintaining their work or school might prevent them from dropping out in the first place. Secondly it might prevent them from making a transition in to psychosis.

Doel van het onderzoek

The addition of supported education and work will result in less early school leave and loss of job then care as usual

Onderzoeksopzet

From 01-03-2013 till 01-09-2014 patient inclusion, from 01-03-2013 till 01-09-2015 intervention is given, from 01-03-2013 till 01-03-2016 follow-up assessments take place (follow-up period is 18 months, inclusion period is also 18 months), from 01-03-2016 till 01-03-2017 analyses

Onderzoeksproduct en/of interventie

Supported Education

Supported education (SEd) is defined as the provision of individualized, practical support and instruction to assist people with psychiatric disabilities to achieve their educational goals (Unger, Anthohny, Sciarappy, & Rogers, 1991; Anthony et al., 2002; Sullivan et al., 1993).

Supported employment

Supported employment (SEm) is defined as the provision of individualized, practical support and instruction to assist people with psychiatric disabilities to achieve their vocational goals (Unger, Anthohny, Sciarappy, & Rogers, 1991; Anthony et al., 2002; Sullivan et al., 1993).

SEd and SEm are particularly promising for helping students and young employees who experience their first onset of symptoms to avoid or minimize chances of academic failure and demoralization. The two aims of the intervention are the development of skills and the development of environmental support.

The choose-get-keep model

Supported Education and Supported Employment are based on the so called choose-get-keep model; described in general:

Choose: selecting an educational programme compatible with the participant's values, skills, aptitudes, career interests, finances and learning objectives, much like diagnosis.

Get: secure enrolment in the chosen educational programme.

Keep: to sustain enrolment and maintain an acceptable level of success and satisfaction until completion/ graduation. This is clearly the intervention stage of the model, and is the most labour intensive for both the student/ young employee and the rehabilitation worker. Throughout the process, interpersonal skills such as listening, demonstrating understanding, and coaching/inspiring are used to connect and develop the relationship with the student. Although most patients already started their educational or vocational career, some of them are not satisfied with the choice they made. In the choose-get-keep model the rehabilitation workers search with the patients where to start (choose, get or keep).

The innovative character of the project concerns the ultimate target group aimed at. Whereas special services for students with physical restraints already exist at many institutions, and are often (rightfully) seen as 'standard procedure', similar special services for students with psychiatric disabilities are hardly available and hardly developed yet. Our primary outcome is work or school status.

By given patients this intervention we expect more patients will be participating in a regular educational program or job. The intervention will take between 6-12 months.

Contactpersonen

Publiek

[default]

The Netherlands

Wetenschappelijk

[default]

The Netherlands

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- At Risk Mental State, according to the Comprehensive Assessment of At Risk Mental State criteria
- Age between 18-35 years

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- Insufficient mastery of Dutch language
Intellectual abilities below IQ 70
- Prescription of significant dosage of anti-psychotic medication before entry of trial
- psychotic episode in the past

Onderzoeksopzet

Opzet

Type: Interventie onderzoek
Onderzoeksmodel: Parallel

Toewijzing:	Gerandomiseerd
Blinding:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-03-2013
Aantal proefpersonen:	50
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL3808
NTR-old	NTR3996
Ander register	Fryslan : 01029272
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten