Treating fear of cancer recurrence in primary care

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Severity of fear of cancer recurrence (FCR) will reduce more with the current intervention than with usual care

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON24438

Bron
Nationaal Trial Register

Verkorte titel
BLANKET

Aandoening

Fear of cancer recurrence

Ondersteuning

Primaire sponsor: Helen Dowling Institute
Overige ondersteuning: KWF

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Severity of fear of cancer recurrence, as measured by the severity scale of the FCRI-NL

Toelichting onderzoek

Achtergrond van het onderzoek

Many successfully treated cancer patients suffer from fear of cancer recurrence (FCR), affecting their quality of life and their physical, emotional, cognitive and social functioning. Effective psychological interventions for FCR exist, but are not widely available, as they are usually exclusively offered by specialized psycho-oncology professionals and institutes. Concurrently, the role of primary care in cancer and survivorship care is increasing. Therefore, there could be a role for general practitioners (GP) and mental health workers (MHW) working in primary care in supporting patients with FCR. In the current study the effectiveness of a primary care delivered FCR intervention will be evaluated, using a cluster randomized trial. The primary outcome will be FCR severity; secondary outcomes will be FCR-related distress, healthcare uptake and healthcare costs. Participating primary care practices will be stratified by size and socio-economic status and randomly placed in the intervention or the control arm. In the control arm, practices will provide care as usual. In the intervention arm, practices will offer a cognitive behavioural FCR intervention.

Doel van het onderzoek

Severity of fear of cancer recurrence (FCR) will reduce more with the current intervention than with usual care

Onderzoeksopzet

baseline, 3 months after baseline, 12 months after baseline

Onderzoeksproduct en/of interventie

Primary care FCR intervention

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Being registered at a general practice that is participating in the study; Being 18 years or older; Having finished successful curative cancer treatment between 3 months and 10 years ago; Desiring support for FCR; Having sufficient Dutch reading and writing skills.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

-

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Dubbelblind
Controle:	Actieve controle groep

Deelname

Nederland

Status:	Werving gestart
(Verwachte) startdatum:	15-04-2019

Aantal proefpersonen:	244
Type:	Verwachte startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nee

Ethische beoordeling

Positief advies

Datum:	25-02-2019
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL7573
Ander register	METC Utrecht : METC 18/879

Resultaten