Testing an e-supported Illness Management & Recovery Program for People with Severe Mental Illness

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A blended form of e-health contributes to the recovery process of consumers with SMI and match the consumers' preference compared to an evidence-based face-to-face intervention.

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON24478

Bron
NTR

Verkorte titel
e-IMR

Aandoening

Recovery, Severe Mental Illness, Illness Management & Recovery

Ondersteuning

Primaire sponsor: Radboud universtiy medical center
Overige ondersteuning: ZonMW (nr. 520001001)

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

IMR-scales: illness management,

MHRM: recovery,
BSI: severity of psychiatric symptoms,
PAM-13: self-management,
MANSA: quality of life,
RAND-36: general health.

Toelichting onderzoek

Achtergrond van het onderzoek

In the Netherlands a blended e-health application to the standard IMR-program is tested in a multi center early cluster randomized controlled trial. The objectives of this study are to evaluate the potential effectiveness, effect size, and the added value. A purposive sample of adult participants with SMI will be included when their clinician referred them to the IMR program. Participants in the care as usual group receive guideline-based treatment combined with the IMR-program. On top of this usual care participants in the intervention group receive e-IMR, which adds an e-health application to the standard IMR-program. Main study parameters/endpoints are: illness management, recovery, psychiatric symptoms severity, self-management, quality of life, and general health. The process of the IMR program will be evaluated on fidelity and feasibility in semi-structured interviews with participants and trainers.

Doel van het onderzoek

A blended form of e-health contributes to the recovery process of consumers with SMI and match the consumers' preference compared to an evidence-based face-to-face intervention.

Onderzoeksopzet

At baseline: NAW, computer literacy, IMS-scales, MHRM, BSI, PAM-13, MANSA, RAND-36, IMR fidelity scales;

At 6 months: IMR-scales, MHRM, BSI, PAM-13, MANSA, RAND-36;

At 12 months: IMS-scales, MHRM, BSI, PAM-13, MANSA, RAND-36, IMR fidelity scales, quaitative interviews on feasibilty, added value

Onderzoeksproduct en/of interventie

The standard IMR program is provided in a series of weekly face-to-face sessions in which consumers with SMI develop personalized strategies for managing their mental illness and moving forward in their lives. There is a strong emphasis on helping consumers set and pursue personal goals and helping them put strategies into action in their everyday lives. On

top of the IMR participants in the intervention group will get the opportunity to enter the e-IMR intervention, e-support for self-management and recovery.

Contactpersonen

Publiek

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

• consumers with SMI

• adults, above 18 years of age

• referred to the IMR-program by their clinician.

• capable to give informed consent.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

• consumers that are overwhelmed by disability including dependence, denial, confusion, anger, or

despair.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-12-2014
Aantal proefpersonen:	100
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies

Datum:	06-09-2014
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 42273
Bron: ToetsingOnline
Titel:

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL4621
NTR-old	NTR4772
CCMO	NL49693.091.14
OMON	NL-OMON42273

Resultaten