

A Powerful Story- An Evaluation Study of a Life Story Intervention to promote Recovery in People with Personality Disorders in the High Intensity Service of Mental Health Care.

Gepubliceerd: 20-12-2018 Laatste bijgewerkt: 18-08-2022

This evaluation study builds upon a preliminary design study, in which 'A Powerful Story' has been designed. The primary aim of the current study is to investigate the feasibility of the intervention 'A Powerful Story' in the...

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON24545

Bron

Nationaal Trial Register

Aandoening

Personality disorders

Ondersteuning

Primaire sponsor: Prof. dr. G.J. Westerhof (Hoofdonderzoeker)

Functie: Hoogleraar narratieve psychologie

T: 053-4896074 | E: g.j.westerhof@utwente.nl

Overige ondersteuning: This project is funded by ZonMw within the following financial programme: 'OnderzoeksProgramma GGz'

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The primary outcome measure is the feasibility of the intervention as reported by participants (patients and practitioners) and by an observer present at the sessions. This will be measured with the Client Satisfaction Questionnaire (CSQ, Larsen, Attkisson, Hargreaves, & Nguyen, 1979; Dutch translation: De Brey, 1983), which is administered to the practitioners after each session, the Helpful Aspects of Therapy form (HAT; Llewelyn et al., 1988; Elliot, 2012), which is administered to the patients after each session, the observations of adherence and treatment integrity at each session and the evaluation of the entire intervention afterwards (CSQ for both, practitioners and patients).

Toelichting onderzoek

Achtergrond van het onderzoek

The current study is a feasibility study, using both qualitative and quantitative measurement methods. The primary aim of this evaluation study is to investigate the feasibility of a new developed intervention 'A Powerful Story' for patients with personality disorders. This intervention will be tested in the context of the mental health care institute GGNet Scelta in Apeldoorn (Netherlands). A group of 9 to 12 patients will join this intervention. This narrative intervention offers different writing tasks in order to promote personal and societal recovery in patients. The first sub-goal of this study is to map the possible added value for personal and societal recovery. The second sub-goal is mapping out the course of therapy by evaluating the therapy change processes (measured by questionnaires) and by analyzing the products that are made by participants during this intervention.

Doel van het onderzoek

This evaluation study builds upon a preliminary design study, in which 'A Powerful Story' has been designed. The primary aim of the current study is to investigate the feasibility of the intervention 'A Powerful Story' in the treatment of personality disorders. The first sub-goal is to map the possible added value for personal and social recovery. The second sub-goal is mapping out the course of therapy through the evaluation of therapy change processes, and through an analysis of the products that are made by participants during this intervention.

Onderzoeksopzet

A weekly questionnaire will be filled out for 11 weeks in a row. This will take place always directly after the weekly group session of the intervention. This will be in February, March and April of 2019.

Onderzoeksproduct en/of interventie

It is a narrative intervention especially developed for patients suffering from personality disorder. The goal of the intervention is promoting personal and societal recovery in those patients. This research seeks to investigate the feasibility of 'A Powerful Story' within the treatment context of GGNet Scelta in Apeldoorn (Netherlands). This intervention is supposed to become a regular module of choice (add- on treatment) for those patients who already receive treatment at Scelta. The intervention will consist of different structured writing tasks and groupssessions to share the written story by reading it to the group. The writing tasks will be related to the past, to an important turning point in life and to the present moment with also thoughts and idea's about the future after treatment.

Contactpersonen

Publiek

Wetenschappelijk

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

To qualify for participation in this research, a patient must:

1. follow a treatment at Scelta, GGNet
2. Have been approved to participate by his responsible therapist
3. Be able to complete this intervention during the treatment at Scelta

Explanation criterion 2: The main responsible therapist decides in consultation with the patient whether it is appropriate to participate in this intervention. The main responsible therapist makes use of the following screening criteria:

- A patient must be able to look at the past with some distance, as indicated by at least one active contribution during the treatment program in a psychotherapeutic session (group session)
- A patient must be able to look forward towards recovery, as demonstrated by at least one contribution during treatment program in the social reintegration part

There is no inclusion criterion for therapists. It concerns practitioners who work at Scelta Apeldoorn.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

The exclusion criteria for participation in this study are:

- Low IQ (lower than 80)
- Not able to participate in a group form
- Antisocial personality disorder
- Insufficient command of the Dutch language

These criteria have already been screened during admission for treatment at Scelta. For taking part in 'A Powerful Story' they will be checked again by the main responsible therapist, who assesses whether the intervention seems feasible and suitable for the patient.

In addition to the standard exclusion criteria, additional exclusion criteria are:

- presence of contra-indication (such as severe instability or being in an acute crisis (GAF-score lower than 50) or the presence of psychosis or acute suicidality, implying no mental competence)

There is no exclusion criterion for therapists. It concerns practitioners who work at Scelta Apeldoorn.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	27-02-2019
Aantal proefpersonen:	12
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	20-12-2018
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL7456

Register	ID
NTR-old	NTR7698
Ander register	NL67907.044.18 (administered by CCMO- Toetsing Online) : University of Twente

Resultaten