

# Leiden Improvement of Migraine Therapy in general practice.

Gepubliceerd: 13-12-2006 Laatst bijgewerkt: 18-08-2022

The aim of the study is to optimize therapy of migraine patients, according to the Dutch GP Guideline for headache and consequently reduce the use of triptans. The project will explore the costs and effects of a proactive approach of patients with...

**Ethische beoordeling** Niet van toepassing

**Status** Werving gestart

**Type aandoening** -

**Onderzoekstype** Interventie onderzoek

## Samenvatting

### ID

NL-OMON24827

### Bron

NTR

### Verkorte titel

LIMIT-study

### Aandoening

migraine

### Ondersteuning

**Overige ondersteuning:** ZonMw doelmatigheidsfonds

Stichting Nuts Ohra

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

HIT-6 (Headache Impact Test)-score at baseline and after 3, 6, 9 and 12 months.

# Toelichting onderzoek

## Achtergrond van het onderzoek

We aim to study the costs and effects of a pro-active approach of migraine patients by the General Practitioner. The design is a pragmatic cluster randomised controlled trial with the general practice as the unit of randomisation. Patients using  $>=24$  DDD's triptans are selected from the EMD and invited by mail to consult their GP. Diagnosis and treatment plan of migraine will be evaluated and discussed. Patients will be offered prophylactic treatment according to the Dutch Guidelines (NHG-standaard). The control group will receive usual care. The primary outcome is the score on the HIT-6 questionnaire.

## Doele van het onderzoek

The aim of the study is to optimize therapy of migraine patients, according to the Dutch GP Guideline for headache and consequently reduce the use of triptans. The project will explore the costs and effects of a proactive approach of patients with triptan use by GPs.

## Onderzoeksproduct en/of interventie

Proactive stepped approach based on the Dutch GP Guideline versus usual care. Step 1: a letter to invite patients for consultation. Step 2: a visit to the GP, who can give information about headache and therapy, reduce/stop the triptans, prescribe prophylactic therapy or reconsider the diagnosis of migraine.

Control group: care as usual.

# Contactpersonen

## Publiek

Leiden University Medical Center (LUMC), Department of Public Health and Primary Care,  
Postzone V-0-P,  
P.O. Box 9600  
J.W. Blom  
Leiden 2300 RC  
The Netherlands  
+31 (0)71 5268406

## Wetenschappelijk

Leiden University Medical Center (LUMC), Department of Public Health and Primary Care,  
Postzone V-0-P,

P.O. Box 9600  
J.W. Blom  
Leiden 2300 RC  
The Netherlands  
+31 (0)71 5268406

## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Patients in general practice using ≥24 DDD triptans (or ≥6 DDDs in the last 3 months), enlisted in 60 general practices, that are part of LEON (the Leiden Eerstelijns Onderzoeksnetwerk, managed by the department of Public Health and Primary Care).

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Younger than 18 years;
2. Cognitive impairment;
3. Psychiatric illness;
4. Terminal illness;
5. Non-Dutch speaking.

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Blindering:	Open / niet geblindeerd
Controle:	Geneesmiddel

### Deelname

Nederland	
Status:	Werving gestart

(Verwachte) startdatum: 01-03-2007  
Aantal proefpersonen: 600  
Type: Verwachte startdatum

## Ethische beoordeling

Niet van toepassing  
Soort: Niet van toepassing

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL827
NTR-old	NTR840
Ander register	: N/A
ISRCTN	ISRCTN72421511

## Resultaten

### Samenvatting resultaten

N/A