# Difference in patellar tracking before and after Journey II BCS total knee arthroplasty, evaluated with 4D CT imaging.

Gepubliceerd: 15-09-2021 Laatst bijgewerkt: 15-05-2024

The hypothesis is that less change in patella tracking before and after surgery will lead to less anterior knee pain complaints. Patella tracking is investigated using 4D CT imaging.

**Ethische beoordeling** Positief advies

**Status** Werving nog niet gestart

Type aandoening -

Onderzoekstype Interventie onderzoek

# **Samenvatting**

#### ID

NL-OMON24890

**Bron** 

NTR

**Verkorte titel** 

**4DCT tracking TKA** 

#### **Aandoening**

Patients with primary osteoarthritis of the knee and overall varus or neutral alignment of the leg.

## **Ondersteuning**

Primaire sponsor: Radboudumc

Overige ondersteuning: Smith&Nephew

### Onderzoeksproduct en/of interventie

#### **Uitkomstmaten**

#### Primaire uitkomstmaten

Difference in patellar tracking between pre-operative and one year post-operative measured with 4D CT imaging.

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

Rationale: Pain at the anterior side of the knee after total knee arthroplasty is still a common phenomenon with an incidence reported to be as high as 49%. The aetiology is poorly understood and several mechanisms have been postulated. Next to the influence of alignment on retinacular stresses, overstuffing of the patellofemoral joint and instability also lead to higher retinacular stresses and are shown to lead to anterior knee pain. These mechanisms are all related to surgical technique and implant positioning. There are also mechanisms related to prosthesis design, like the sagittal curve, trochlear depth and trochlea shape.

New implant designs like the Journey II prothesis are designed to replicate optimal geometry and optimal tibiofemoral and patellofemoral kinematics. Therefore, the Journey II BCS seems the optimal implant to reduce anterior knee pain. However, large registry studies show that a higher revision rate is seen when no patellar button is used in case of the Journey II BCS. The use of a patellar button is still under debate, but using an onlay patella button has clear influence on the patella tracking. Therefore, there might be a relation between the use of an onlay patella button and the retinacular balance and thus clinical results.

With current surgical instrumentation the positioning of the prosthesis based on the kinematics of the natural knee is challenging, and a small error can completely counteract the normal motion defined by the implant design/geometry. Therefore, comparative studies are only leading to new evidence when the surgical technique is including objective and accurate tools, like the CORI robotic platform. With the CORI, component positioning can be set based on constitutional alignment and ligament functioning. Furthermore, the patellofemoral compartment can be taken into account during the surgery to enable optimal geometry replication of the trochlea in the sagittal plane. This enables the surgeon to position the components accurately within the envelop of motion of a specific joint. With new emerging imaging techniques we are able to investigate in vivo patella tracking. One of these promising techniques is the 4D CT imaging. This technique is proven to be accurate within 1 mm and 1° and therefore useful to investigate the patellofemoral compartment.

The current proposal aims to investigate the patellar tracking in patients receiving Journey II BCS total knee arthroplasty before and one year after surgery, positioned with the CORI instrumentation. The hypothesis is that less change in patella tracking before and after surgery will lead to less anterior knee pain complaints. Patella tracking is investigated using 4D CT imaging.

Objective: Primary Objective: Difference in patellar tracking between pre-operative and one year post-operative measured with 4D CT imaging.

Secondary Objective(s):

Implant positioning:

By using the CORI, we will collect implant position, perioperative ligament laxities, alignment and tibiofemoral kinematics.

Patient Reported Outcome Measures (PROMs):

The following PROMs will be collected; FJS, KOOS and Kujala knee score to assess the patient experienced outcomes in pain and movement before and after the TKA.

Study design: Randomized controlled trial with two arms. Randomization for Journey II BCS implant with the use of an onlay patella button or not.

Study population: Patients, between 50 and 75 years of age, with primary osteoarthritis of the knee and overall varus or neutral alignment of the leg, who are patients with the Radboudumc and scheduled for a TKA performed by the Radboudumc orthopaedic surgeons. Main study parameters/endpoints: the main study parameter is the between group differences between changes in patellar tracking (i.e., implant position, perioperative ligament laxities, alignment and tibiofemoral kinematics measured before and after 12 months after surgery).

Nature and extent of the burden and risks associated with participation, benefit and group relatedness: Patients will be asked to fill in a digital questionnaire before their TKA and to undergo a 4DCT of their knees. Where possible, patients will not have to come to the hospital separately for the CT scan. The questionnaires can be filled in at home. At 3, 6, and 12 months the same questionnaire will be filled in, this will take approximately 15 minutes. At one year post-operation, the patient will be asked to come in for the second and final 4dCT scan of the knees.

The CT scans add to the level of radiation experienced by a person. For this study this level is set at an intermediate risk. No additional risks are associated with this study as all materials used are CE-marked and used within intended use.

Potential burden for the patient is predominantly time and additional radiation exposure. No direct personal health benefit is expected, however the knowledge generated with this study is expected to benefit future patients who need to undergo a TKA.

#### Doel van het onderzoek

The hypothesis is that less change in patella tracking before and after surgery will lead to less anterior knee pain complaints. Patella tracking is investigated using 4D CT imaging.

#### Onderzoeksopzet

Patients will be asked to fill in a digital questionnaire before their TKA and to undergo a 4DCT of their knees. At 3, 6, and 12 months the same questionnaire will be filled in. At one year post-operation, the patient will be asked to come in for the second and final 4DCT scan of the knees.

#### Onderzoeksproduct en/of interventie

Undergoing total knee arthroplasty with or without the addition of a kneecap.

# Contactpersonen

#### **Publiek**

Radboudumc Miriam Boot

+31 (24) 361 69 59

#### Wetenschappelijk

Radboudumc Miriam Boot

+31 (24) 361 69 59

#### **Deelname** eisen

# Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Non-inflammatory knee osteoarthritis, which is confirmed by radiology.
- Osteoarthritis is unilateral or bilateral with the contralateral knee functioning properly, not operated on in the last 6 months.
- Set to receive a primary cemented total knee arthroplasty.
- Aged between 50 and 80 years, inclusive, on the day of the operation.
- In stable health (ASA-score  $\leq$  3) and is free of or treated for cardiac, pulmonary, haematological, or other conditions that would pose excessive operative risk.
- Patient has a correctable or <10° rigid (non-correctable) varus deformity of the knee.
- Participants must be able to give informed consent.
- Patient plans to be available for follow-up until two years post-operative.
- Ability to walk for 2 minutes without walking aid

# Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

#### **Exclusion:**

4 - Difference in patellar tracking before and after Journey II BCS total knee arthr ... 3-05-2025

- Valgus deformity
- BMI > 35.
- Previous hip /knee/ankle replacement surgery in the last 12 months, or is planned to have a hip replacement in the next 6-12 months.
- Patient has had major, non-arthroscopic surgery to the study knee, including HTO.
- Patient has an active, local infection or systemic infection
- Incomplete or insufficient tissue surrounding the knee.
- Severe damage to the medial or collateral knee ligaments and popliteal tendon
- Documented osteoporosis with patient in active medical treatment.
- Patient has physical, emotional or neurological conditions that impacts gait or balance, or would compromise compliance with post-operative rehabilitation and follow-up.
- Bone quality compromised by disease or infection which cannot provide adequate support and/or fixation to the prosthesis
- Knee flexion < 90 degrees
- > 30 degrees extension deficit (active restraint to extension)
- Patient does not have a proper functioning patella tendon on the affected side; measured as inability of active extension of the knee
- Patient has rheumatoid arthritis, any auto-immune disorder, immunosuppressive disorder or a terminal illness.

# **Onderzoeksopzet**

#### **Opzet**

Type: Interventie onderzoek

Onderzoeksmodel: Parallel

Toewijzing: Gerandomiseerd

**Controle:** Geneesmiddel

#### **Deelname**

Nederland

Status: Werving nog niet gestart

(Verwachte) startdatum: 31-12-2021

Aantal proefpersonen: 100

Type: Verwachte startdatum

#### Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

# **Ethische beoordeling**

Positief advies

Datum: 15-09-2021

Soort: Eerste indiening

# **Registraties**

# Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 54338

Bron: ToetsingOnline

Titel:

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register ID

NTR-new NL9733

CCMO NL77819.091.21 OMON NL-OMON54338

# Resultaten