The implementation of a Dutch computer-generated tailored smoking cessation program AROM by pharmacists and general practitioners.

Gepubliceerd: 18-10-2005 Laatst bijgewerkt: 18-08-2022

One tailored letter on smoking cessation will lead to more quit attempts at follow-up.

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON24903

Bron
NTR

Verkorte titel
N/A

Aandoening

Adult smokers will be recruited through community pharmacies and general practices to participate in the research by filling in a baseline questionnaire and signing the informed consent. Within 7 working days, they will recieve either a a tailored letter about smoking cessation (experimental group) or a thank you letter for participating (control group). After 3 and 12 months, they will be contacted by telephone for follow-up.

Ondersteuning

Overige ondersteuning: This study is funded by a grant of the Dutch Organisation for Health Research and Development (ZonMw), project id 2200002.

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. Quitting activity between baseline and follow-up;
2. Abstinence between baseline and follow-up.

Toelichting onderzoek

Achtergrond van het onderzoek

This project aims to test the efficacy of the implementation of a computerized tailoring approach AROM by community pharmacists and general practitioners (GPs).

In study 1, 40 community pharmacies will distribute 200 baseline questionnaires about smoking cessation to their smoking patients. Partipating smokers will be randomly assigned to the experimental (E) and control (C) condition. The smokers in te E-group will receive a tailored letter about smoking cessation (generated by AROM).

In study 2, the same procedure will be followed now using general practices as the setting to access smokers; 84 practices will distribute the questionnaires.

In both studies, follow-ups will take place at 3 and 12 months after baseline to measure short and longer term effects on smoking cessation. Process evaluation data, cost effectiveness data as well as data about the rate of adoption by patients will be measured and analysed as well.

Doel van het onderzoek

One tailored letter on smoking cessation will lead to more quit attempts at follow-up.

Onderzoeksopzet

N/A

Onderzoeksproduct en/of interventie

Adult smokers will recieve either a a tailored letter about smoking cessation (experimental group) or a thank you letter for participating (control group).

Contactpersonen

Publiek

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Having smoked in the last 7 days.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Younger than 17 years of age.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek

Onderzoeksmodel:	Anders
Toewijzing:	Gerandomiseerd

Controle: N.v.t. / onbekend

Deelname

Nederland

Status:	Werving gestopt
(Verwachte) startdatum:	01-01-1999
Aantal proefpersonen:	1500
Type:	Werkelijke startdatum

Ethische beoordeling

Positief advies

Datum:	18-10-2005
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL425
NTR-old	NTR465
Ander register	: ZonMw: project id 2200002
ISRCTN	ISRCTN16268486

Resultaten

Samenvatting resultaten

1. Hoving EF, Mudde AN, de Vries H. Intention to adopt a smoking cessation expert system within a self-selected sample of Dutch general practitioners. European Journal of Cancer Prevention (in press).
2. Hoving EF, Mudde AN, de Vries H. Predictors of smoking relapse in a sample of Dutch adult smokers; the roles of gender and action plans. Addictive Behaviors (in press).