

# Optimalisation of exocrine pancreatic insufficiency and pancreatic enzyme replacement therapy in patients with periampullary cancer

Gepubliceerd: 20-09-2019 Laatst bijgewerkt: 18-08-2022

Based on a pilot study from the Amsterdam University Medical Center, we hypothesize that the FET is possibly less accurate to detect EPI in patients with pancreatic cancer and after a pancreateoduodenectomy (PD).

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Observationeel onderzoek, zonder invasieve metingen

## Samenvatting

### ID

NL-OMON25332

### Bron

Nationaal Trial Register

### Verkorte titel

OPPERT

### Aandoening

Periampullary cancer / Pancreatoduodenectomy

### Ondersteuning

**Primaire sponsor:** Cancer Center Amsterdam

**Overige ondersteuning:** Cancer Center Amsterdam

### Onderzoeksproduct en/of interventie

## **Uitkomstmaten**

### **Primaire uitkomstmaten**

Primary endpoint of this study is diagnostic accuracy of various diagnostic tests such as the FET, the <sup>13</sup>C-MTG breath test and the 24-hour faecal fat quantification, Sudan stain test compared to the 72-hour faecal fat quantification to detect EPI in patients with a newly diagnosed perampullary cancer and after a PD.

## **Toelichting onderzoek**

### **Achtergrond van het onderzoek**

In patients with cancer of the perampullary region, weight loss is a serious problem, affecting 80% already at diagnosis. For this, both primary and secondary tumour effects are responsible. Exocrine pancreatic insufficiency (EPI) is a secondary tumour effect, in which the pancreas is unable to deliver sufficient pancreatic enzymes into the small intestinal lumen to digest food. It may occur due to gland atrophy, obstruction of the pancreatic duct, anatomical changes or removal of functional pancreatic tissue after surgery. A shortage of pancreatic enzymes causes maldigestion, primarily of fat, leading to steatorrhea-related symptoms, weight loss, malnutrition, and an impaired quality of life. To prevent these symptoms patients should be treated with an adequate dosage of pancreatic enzymes. The gold standard to diagnose EPI is the 72-hour faecal fat quantification. This is a time-consuming and burdensome test, as patients need to follow a strict diet of 80-100 grams of fat during 5 days and collect all stool during the last 72 hours. The Faecal Elastase-1 Test (FET), is currently mostly used in clinical practice, as only a small stool sample is needed without any dietary restrictions. Previous studies, including a pilot study from the Amsterdam University Medical Center, suggest that the FET is possibly less accurate to detect EPI in patients with pancreatic cancer and after a pancreatoduodenectomy (PD). Aim of this study is to investigate the value of several diagnostic tests, including a shortened version of the current gold standard test, to detect EPI in these patients.

### **Doel van het onderzoek**

Based on a pilot study from the Amsterdam University Medical Center, we hypothesize that the FET is possibly less accurate to detect EPI in patients with pancreatic cancer and after a pancreatoduodenectomy (PD).

### **Onderzoeksopzet**

Not applicable

# Contactpersonen

## Publiek

Amsterdam UMC, location VUmc  
Lotte Blonk

0204444444

## Wetenschappelijk

Amsterdam UMC, location VUmc  
Lotte Blonk

0204444444

## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- 1) Age > 18 years
- 2) Written informed consent
- 3) Understanding of the Dutch language
- 4) Willing and capable of following instructions for this study
- 5) Patients need to be able to achieve a minimal daily dietary fat intake of > 60 grams

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- 1) Any known gastrointestinal disease or major gastrointestinal surgery (apart from a PD) that could potentially affect the intestinal absorption or metabolism of fat
- 2) Gastroparesis of any aetiology
- 3) Serious concomitant systemic disorders that would compromise the safety of the patient or his/her ability to complete the study, at the discretion of the treating physician
- 4) Patients who are unable to cease anti-diarrheal medication or laxatives
- 5) Patients who are suspected not to be reliable in participating in this study, based on the physician's experience

# Onderzoeksopzet

## Opzet

Type:	Observationeel onderzoek, zonder invasieve metingen
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

## Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	20-09-2019
Aantal proefpersonen:	100
Type:	Verwachte startdatum

## Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

**Wordt de data na het onderzoek gedeeld:** Nog niet bepaald

## Ethische beoordeling

Positief advies	
Datum:	20-09-2019
Soort:	Eerste indiening

## Registraties

## Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

## **Andere (mogelijk minder actuele) registraties in dit register**

Geen registraties gevonden.

## **In overige registers**

<b>Register</b>	<b>ID</b>
NTR-new	NL8038
Ander register	METC VUmc : METC 2019.210

## **Resultaten**