

# Perioperative Ketotifen as treatment for postoperative ileus

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Perioperative Ketotifen prevents and/or reduces postoperative ileus

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving nog niet gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON25410

### Bron

NTR

### Verkorte titel

N/A

### Aandoening

Postoperative ileus

Postoperatieve ileus

### Ondersteuning

**Primaire sponsor:** G.E.E. Boeckxstaens

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## Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

The predefined primary endpoint of efficacy is Delta ( $\Delta$ ) stomach retention (before and 24 h after operation). Stomach retention is formulated as the percentage of Technetium present in the stomach 2 h after the intake of a Technetium labeled pancake.

## Toelichting onderzoek

#### Achtergrond van het onderzoek

##### Hypothesis

Perioperative ketotifen as treatment for postoperative ileus (POI).

##### Objectives

To characterize the beneficial effects of perioperative ketotifen on gastrointestinal transit time, clinical outcome measures, and the inflammatory response after abdominal gynaecological resections.

##### Study design and population

- Double Blind Randomised Controlled clinical trial.
- The study will be carried out in patients scheduled to undergo an abdominal gynaecological resection.

##### Inclusion criteria

18-80 years of age; median laparotomy

##### Exclusion criteria

- Preoperative therapeutic abdominal radiation
- Evident intra-abdominal inflammation (diagnosed by imaging and/or laboratory test results, including abscess or cholecystitis)
- Use of anti-allergic drugs
- Use of laxatives, prokinetic or anti-inflammatory drugs during the first 3 postoperative days.
- American Society of Anesthesiologists physical-health status classification (ASA-PS) >3
- Poorly regulated diabetes ( $>200 \text{ mg/dl} (=11\text{mmol/l})$ )
- Colostomy or ileostomy, or intestinal resection as part of the surgical procedure
- History of epileptic seizures
- Functional constipation (Rome III criteria)

## Outlay of Procedures

Anesthesia, analgesia, perioperative IV fluids, introduction of food and laxatives/prokinetics and respiratory support will be standardized according to a predefined protocol.

## Drugs and dosages

Patients will be randomized to receive:

- 1) Ketotifen PO perioperatively (2 and 6 mg on the day before operation and 2 x 6 mg on the day of operation), and 12 mg ketotifen IP at the beginning and end of surgery
- 2) Placebo PO perioperatively and placebo IP at the beginning and end of surgery

## Evaluation of effectivity

a) Patients will be studied scintigraphically on 5 occasions:

A baseline gastric emptying and colon transit scintigraphy using a small pancake labeled with 10 MBq  $^{99m}\text{Tc}$ -Hepatate and 4 MBq Indium-111-diethylenetriaminepentaacetate ( $^{111}\text{In}$ -DTPA) will be performed 2 weeks before the operation to establish the normal physiologic gastric emptying and colon transit for each individual.

22 h after surgery patients will be asked to eat a small pancake labeled with 10 MBq  $^{99m}\text{Tc}$ -Hepatate. 2 h after ingestion gastric emptying will be measured once by scintigraphy.

Subsequently, patients will be asked to drink 150 ml of tap water labeled with 4 MBq Indium-111-diethylenetriaminepentaacetate ( $^{111}\text{In}$ -DTPA). A baseline scintigraphic acquisition will be performed immediately after ingestion. Colon transit will be assessed 48 and 72 h after surgery.

In total seven 5-minute scintigraphic acquisitions will be performed.

- b) Symptoms and signs of POI will be evaluated postoperatively by a standardized scoring questionnaire. In addition, time until ready for discharge will be assessed for each patient.
- c) Determine levels or expression of pro- and anti-inflammatory mediators, including mast cell proteases/mediators in peritoneal lavage fluid and peripheral blood retrieved at the start and end of operation
- d) Assess plasma- and peritoneal lavage fluid levels of ketotifen perioperatively and on the first postoperative day.

## Parameters

### Primary outcome measure:

The predefined primary endpoint of efficacy is Delta ( $\Delta$ ) stomach retention (before and 24 h after operation). Stomach retention is formulated as the percentage of Technetium present in the stomach 2 h after the intake of a Technetium labeled pancake.

### Secondary outcome measures:

#### 1) Colonic transit:

- a) Scintigraphic determination of Geometrical Centre (GC) of postprandial intra-colonic mass 48 and 72 h postoperatively
- b) 24 h colonic transit (i.e. delta GC between 24 h and 48 h after ingestion of  $^{111}\text{In}$ -DTPA labeled water)
- c)  $\Delta$  colonic transit (before and 72 h after operation).

#### 2) Postoperative symptoms and signs:

- a) time until ready for discharge
- b) time until first flatus in h after surgery
- c) time until first bowel movement in h after surgery
- d) reinsertion of nasogastric tube
- e) degree of postoperative pain, nausea, vomiting and abdominal cramping during the first 5

postoperative days

## **DoeI van het onderzoek**

Perioperative Ketotifen prevents and/or reduces postoperative ileus

## **Onderzoeksopzet**

pre- and postoperative

## **Onderzoeksproduct en/of interventie**

Patients will be randomized to receive:

- 1) Ketotifen PO perioperatively (2 and 6 mg on the day before operation and 2 x 6 mg on the day of operation), and 12 mg ketotifen IP at the beginning and end of surgery
- 2) Placebo PO perioperatively and placebo IP at the beginning and end of surgery

And patients will be studied scintigraphically to determine gastrointestinal transit

## **Contactpersonen**

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### **Wetenschappelijk**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. Gynaecological operation
2. 18-80 years of age
3. Median laparotomy

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Preoperative therapeutic abdominal radiation
2. Evident intra-abdominal inflammation (diagnosed by imaging and/or laboratory test results, including abscess or cholecystitis)
3. Use of anti-allergic drugs
4. Use of laxatives, prokinetic or anti-inflammatory drugs during the first 3 postoperative days
5. American Society of Anesthesiologists physical-health status classification (ASA-PS) >3
6. Poorly regulated diabetes (>200 mg/dl (=11mmol/l))
7. Colostomy or ileostomy, or intestinal resection as part of the surgical procedure
8. History of epileptic seizures
9. Functional constipation (Rome III criteria)

## **Onderzoeksopzet**

### **Opzet**

Type: Interventie onderzoek

Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Dubbelblind
Controle:	Placebo

## Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	26-05-2008
Aantal proefpersonen:	58
Type:	Verwachte startdatum

## Ethische beoordeling

Positief advies	
Datum:	26-02-2008
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL1184
NTR-old	NTR1229
Ander register	: 2008-svb-1
ISRCTN	ISRCTN wordt niet meer aangevraagd

# Resultaten

## Samenvatting resultaten

N/A