

# **Testing “Hou vol! Geen alcohol”, a prevention program for parents and elementary schoolchildren targeted at delaying the age of alcohol onset of Dutch youth.**

Gepubliceerd: 12-10-2010 Laatst bijgewerkt: 18-08-2022

Two hypotheses will be tested. First, we expect parents in the experimental group, who drink as well as those who abstain from alcohol, to use more alcohol-specific socialization strategies than parents in the control group. Second, we expect that...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving nog niet gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## **Samenvatting**

### **ID**

NL-OMON25555

### **Bron**

NTR

### **Verkorte titel**

Hou vol! Geen alcohol / In control! No alcohol

### **Aandoening**

Alcohol, Prevention, Children, Parents  
Preventie, Kinderen, Ouders

### **Ondersteuning**

**Primaire sponsor:** Radboud University Nijmegen, Behavioural Science Institute  
Trimbos Institute, Netherlands Institute of Mental Health and Addiction

**Overige ondersteuning:** ZON-MW, The Netherlands Organization for Health Research and Development

## Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

Initiation of alcohol use and/or intensity of alcohol use.

<br><br>

The intervention will start in October 2011. The mothers will receive an activity guide every month. Mothers and children fill in online-questionnaires.

### Toelichting onderzoek

#### Achtergrond van het onderzoek

The aim of the project is to test a highly innovative program for mothers and children of elementary school age in a Dutch sample. A randomized controlled trial (RCT) will be conducted among mothers of 8th grade children, and short- and long-term assessments on child drinking indicators and anti-alcohol socialization will be conducted.

#### Doel van het onderzoek

Two hypotheses will be tested. First, we expect parents in the experimental group, who drink as well as those who abstain from alcohol, to use more alcohol-specific socialization strategies than parents in the control group. Second, we expect that children involved in the "Hou vol! Geen alcohol" intervention will be less likely to start drinking than children in the control group.

#### Onderzoeksopzet

Baseline, 6 months, 12 months and 18 months.

#### Onderzoeksproduct en/of interventie

The objective of the present study is to test an intervention program focusing on anti-alcohol socialization skills for parents of primary schoolchildren: "Hou vol! Geen alcohol". "Hou vol! Geen alcohol" is a home-based program and consists of a series of five activity guides for parents and children to complete together. These guides will be mailed to their homes every month.

For the control group an alternative program will be used based on facts. These factsheets

provide knowledge about youth drinking and focuses parents attention on macro level variables relevant to youth drinking but not targeted by treatment versions of the program.

## Contactpersonen

### Publiek

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### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Participating mothers need to be the mother or a female guardian;
2. Having a child in the 8th grade of the Dutch elementary school system;
3. Mother and child need to be able to speak and read Dutch;
4. Only one child per household is eligible to participate.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Fathers or male guardians;
2. Children outside grade 8 of the Dutch elementary school system;
3. Mother or child not being able to speak and read Dutch;
4. More than 1 child per household participating in the study.

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Enkelblind
Controle:	Geneesmiddel

### Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-01-2011
Aantal proefpersonen:	1312
Type:	Verwachte startdatum

## Ethische beoordeling

Positief advies	
Datum:	12-10-2010
Soort:	Eerste indiening

## Registraties

## **Opgevolgd door onderstaande (mogelijk meer actuele) registratie**

Geen registraties gevonden.

## **Andere (mogelijk minder actuele) registraties in dit register**

Geen registraties gevonden.

## **In overige registers**

<b>Register</b>	<b>ID</b>
NTR-new	NL2447
NTR-old	NTR2564
Ander register	ZonMw : 50-51505-98-017
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## **Resultaten**

### **Samenvatting resultaten**

N/A