

# Artificial insemination with donor sperm: intrauterine or intra cervical insemination?

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In women treated with donor sperm ICI is non inferior as compared to IUI.

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving nog niet gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON25609

### Bron

NTR

### Verkorte titel

AID

### Aandoening

Donor sperm, intrauterine insemination, intra cervical insemination, artificial insemination with donor sperm, AID

## Ondersteuning

**Primaire sponsor:** Academic Medical Center (AMC)

**Overige ondersteuning:** ZON-MW, The Netherlands Organization for Health Research and Development

## Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

ongoing pregnancy leading to a live birth

## Toelichting onderzoek

### Achtergrond van het onderzoek

#### Background

In the Netherlands, artificial insemination with donor sperm (AID) is widely performed since 1948. To prevent transmission of sexually transmitted diseases such as Human Immunodeficiency Virus (HIV) and Hepatitis B and C), AID is performed with cryopreserved donor sperm even though pregnancy rates per cycle are lower for cryopreserved sperm than for fresh sperm. There are two techniques for insemination for AID; through the intrauterine (IUI) or the intracervical (ICI) route.

Recently, a Cochrane meta-analysis reported intrauterine insemination with controlled ovarian stimulation (IUI-COS) to be more effective than intracervical insemination with controlled ovarian stimulation (ICI-COS) using donor sperm in terms of live birth rate. However, both IUI-COS and ICI-COS were associated with high multiple pregnancy rates of 14.4% and 6.7% respectively. Therefore, in the Netherlands both insemination techniques are used without the addition of controlled ovarian stimulation. In addition, IUI is more expensive than ICI. These higher costs are generated by the costs involved in processing the sperm. IUI costs around 650 Euro per cycle, compared to 150 Euro per cycle for ICI. Considering these uncertainties IUI may generate higher costs than ICI for no increase in pregnancies.

#### Objective

To assess if intracervical insemination with donor sperm is non-inferior to intrauterine insemination.

#### Study design

National parallel multicenter randomized clinical trial, comparing IUI without controlled ovarian stimulation with ICI without controlled ovarian stimulation.

#### Study population

Women eligible for insemination with donor sperm.

#### Intervention [or: Methods]

A maximum of six cycles of IUI or ICI without controlled ovarian stimulation. In the first cycle one group receives IUI and the other group receives ICI. The time horizon will be eight months

#### Outcome measures

Primary outcome is ongoing pregnancy rate leading to a live birth.

Secondary endpoints are clinical pregnancy rate, multiple pregnancy rate, pregnancy complications (preterm birth, preeclampsia), direct and indirect costs.

#### Power/data analysis

Assuming a live birth rate of 40% after six cycles of ICI and IUI, we need 208 women per arm (total 416 women) to demonstrate the non-inferiority of ICI (alpha .05, beta .80)

Nature and extent of the burden and risks associated with participation, benefit and group relatedness The strategies compared are already broadly applied in current practice. No additional risks are expected. There is no benefit for participants, but the results may benefit future women applying for AID.

## **Doel van het onderzoek**

In women treated with donor sperm ICI is non inferior as compared to IUI.

## **Onderzoeksopzet**

8 months after randomisation

## **Onderzoeksproduct en/of interventie**

6 cycles of IUI or 6 cycles of ICI without the addition of ovarian hyperstimulation.

## **Contactpersonen**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

- Indications for AID
  - Couples with azoospermia
  - Couples with failed TESE procedure
  - Couples with a partner with a hereditary genetic defect
  - Lesbian couples
  - Single women
    - Regular cycle
    - Women with anovulation who become ovulatory after ovulation induction

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

- Double sided tubal pathology
- women with a history of subfertility, other than male factor
- Women younger than 18 or older than 43 years

## **Onderzoeksopzet**

### **Opzet**

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

### **Deelname**

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	03-06-2014
Aantal proefpersonen:	416
Type:	Verwachte startdatum

## **Ethische beoordeling**

Positief advies

Datum: 11-03-2014  
Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL4309
NTR-old	NTR4462
Ander register	METC AMC : 2013_364

## Resultaten

### Samenvatting resultaten

N/A