

THE EFFECTIVENESS OF AN ADAPTED SCHEMA GROUP THERAPY FOR OLDER ADULTS WITH PERSONALITY DISORDERS

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The aim of the current study is to evaluate whether an adaption of the SCBT-g protocol with gerotopics will enhance the effectiveness of SCBT-g in a group of older adults suffering from one or more PDs. Based on the hypotheses in the literature (van...

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON25615

Bron

Nationaal Trial Register

Aandoening

personality disorder, elderly, schema-focused therapy

persoonlijkheidsstoornis, ouderen, schema-focused therapie

Ondersteuning

Primaire sponsor: -

Overige ondersteuning: -

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Symptomatic distress

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Early maladaptive schemas (EMS)

Schema modes

(mal)adaptive personality functioning

Toelichting onderzoek

Achtergrond van het onderzoek

THE EFFECTIVENESS OF SCHEMA GROUP THERAPY IN OLDER OUTPATIENTS. The aim of this study is to evaluate whether an adaption of the SCBT-g protocol with gerotopics will enhance the effectiveness of SCBT-g in a group of older adults with one or more PDs.

Doel van het onderzoek

The aim of the current study is to evaluate whether an adaption of the SCBT-g protocol with gerotopics will enhance the effectiveness of SCBT-g in a group of older adults suffering from one or more PDs. Based on the hypotheses in the literature (van Alphen et al., 2012; Videler et al., 2014; Videler et al., 2015; Videler et al., in press), the following adjustments are made: a) take more time to learn the schema language and train the cognitive techniques; b) using examples that fit in to the experience of older adults; c) integrate experiential techniques like imagery and rescripting; d) compensating the decline of social support by encouraging the group cohesion whereby the therapist acts as a parent and the participants take the role of siblings and include the support system; e) add treatment strategies on the modes (e.g. group imagery, improvisation) and f) contextualize to a life course perspective by integrating wisdom enhancement and stimulating worth enhancing beliefs. After the adapted form of SCBT-g treatment we expect to find a decline of symptomatic distress, EMS and mode severity and more adaptive personality functioning. In addition, we expect to find a greater treatment effect in comparison to the earlier study by Videler et al. (2014).

Onderzoeksopzet

pre-, mid- and post-test

Onderzoeksproduct en/of interventie

The short-term group therapy consists of 20 sessions, 18 weekly sessions of 90 minutes and 2 booster sessions of 90 minutes, one and two months after termination of treatment.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Inclusion criteria are participants of sixty years and older diagnosed with a PD according to the DSM-5 (Section-II)-criteria. Patients are diagnosed with the Structured Clinical Interview for DSM-IV Axis II Personality Disorders (SCID II; First, Gibbon, Spitzer, Williams & Benjamin, 1997; Dutch Translation Weertman, Arntz & Kerkhofs, 2000) completed with measurements on the Gerontological Personality disorders Scale (GPS; van Alphen, Engelen, Kuin, Hoijsink & Derksen, 2006), Severity Indices of Personality Problems Short Form (SIPP-SF; derived from the SIPP-118; Verheul et al., 2008) and the Dutch informant personality questionnaire (HAP; Barendse & Thissen, 2006).

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Exclusion criteria are: 1) severe cognitive impairments due to a neurodegenerative disease (MMSE<24); 2) a schizoid, schizotypal or antisocial PD; 3) substance abuse needing clinical detoxification; 4) lifetime prevalence of psychosis of bipolar disorder; 5) major psychotic depression; 6) learning disabilities (IQ<75); 7) patients with significant hearing or vision problems to such an extent that they cannot participate in a group.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	15-08-2017
Aantal proefpersonen:	20
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	11-07-2017
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register

NTR-new

ID

NL6379

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Register

NTR-old

Ander register

ID

NTR6563

METC : 17N93

Resultaten

Samenvatting resultaten

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