

# Routine Process Monitoring, systematic patient feedback in the primary and specialised mental healthcare

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Addition of Routine Process Monitoring (RPM) to brief therapy (number of sessions

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving nog niet gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Observationeel onderzoek, zonder invasieve metingen

## Samenvatting

### ID

NL-OMON25619

### Bron

Nationaal Trial Register

### Verkorte titel

RPM

### Aandoening

Routine Process Monitoring (RPM)  
Systematic patient Feedback  
Outcome Rating Scale (ORS)  
Session Rating Scale (SRS)  
Feedback Informed Treatment  
Primary and specialised Mental Health care

## Ondersteuning

**Primaire sponsor:** Postmaster PsychologieOpleidingen (PPO) Groningen  
Rijksuniversiteit Groningen RUG

Dimence Groep

**Overige ondersteuning:** Postmaster PsychologieOpleidingen (PPO) Groningen  
Rijksuniversiteit Groningen RUG  
Dimence Groep

# Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

Outcome Questionnaire 45 (OQ-45)<br>Dutch Mental Health Continuum - Short Form (MHC-SF)

## Toelichting onderzoek

### Achtergrond van het onderzoek

Routine Process Monitoring (RPM) is a patient feedback method developed in the USA which is widely applied in clinical practice of mental health care in The Netherlands. In this method a patient fills in the Session Rating Scale (SRS) and the Outcome Rating Scale (ORS) in each treatment session. The results are discussed directly in this session and the treatment is optimized based on this discussion. This method has not been systematically studied in The Netherlands. The aim of this study is to clarify whether the addition of RPM for treatment in primary and specialist mental healthcare in The Netherlands has a positive effect on the treatment outcome.

### Doel van het onderzoek

Addition of Routine Process Monitoring (RPM) to brief therapy (number of sessions <12) will result to a significant improvement in treatment outcome within five weeks compared to short-term treatment without RPM in the primary mental health care in Netherlands.

Addition of RPM to brief therapy (number of sessions <12) will still result to a significant improvement in treatment outcome after 13 weeks compared to short-term treatment without RPM in the primary mental health care in Netherlands.

Leading to Study 1: The effect of RPM in the primary mental health care

Addition of RPM to long-lasting therapy (number of sessions >12) will still result to a significant improvement in treatment outcome after 13 weeks compared to long-lasting therapy without RPM in the specialised mental health care in Netherlands.

Leading to Study 2: The effect of RPM in the specialised mental health care

## Onderzoeksopzet

start, 5 weeks, 13 weeks, 26 weeks

### **Onderzoeksproduct en/of interventie**

- Routine Process Monitoring + Treatment as usual (TAU-RPM)
- Treatment as Usual (TAU)

## **Contactpersonen**

### **Publiek**

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### **Wetenschappelijk**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

The inclusion criterion are that patients are 18 years or older, are assigned to and have psychological treatment in the primary or specialised mental healthcare. They must speak the Dutch language and agree that the data obtained by Routine Outcome Monitoring are used for this study.

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

- Patients who do not speak the Dutch language
- Objections to use ROM data for scientific research

## Onderzoeksopzet

### Opzet

Type:	Observationeel onderzoek, zonder invasieve metingen
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

### Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	21-12-2015
Aantal proefpersonen:	448
Type:	Verwachte startdatum

## Ethische beoordeling

Positief advies	
Datum:	30-09-2015
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

## **Andere (mogelijk minder actuele) registraties in dit register**

Geen registraties gevonden.

## **In overige registers**

<b>Register</b>	<b>ID</b>
NTR-new	NL5356
NTR-old	NTR5466
Ander register	METC Twente : K15-11

## **Resultaten**