

Effectiveness of Zippy's Friends: A randomized controlled trial of a school-based program to promote social-emotional skills in young children.

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Zippy's Friends is more effective in promoting social-emotional skills and decreasing problem behavior than the 'education as usual' control group.

Ethische beoordeling	Niet van toepassing
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON25699

Bron

Nationaal Trial Register

Verkorte titel

ZF

Aandoening

social-emotional skills (sociaal-emotionele vaardigheden)

Ondersteuning

Primaire sponsor: Trimbos-institute

Overige ondersteuning: - ZonMw, The Netherlands Organization for Health Research and Development

- Stichting Achmea Gezondheidszorg

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Social-emotional skills. Questionnaires completed by the children, teachers and parents will be used to measure the primary outcome.

Toelichting onderzoek

Achtergrond van het onderzoek

The aim of our study is to determine the effectiveness of the universal school-based ZF program in terms of increased social and emotional skills en decreased problem behavior for children aged 6-8 in the Netherlands in primary schools with a relatively high percentage of children from families with a low socio-economic status. We are conducting a cluster RCT of the school-based ZF program with an experimental condition and an 'education as usual' control condition. ZF will be taught in the experimental condition. Randomization is stratified by school, accounting for level of immigrants and level of urbanization.

Doel van het onderzoek

Zippy's Friends is more effective in promoting social-emotional skills and decreasing problem behavior than the 'education as usual' control group.

Onderzoeksopzet

1. Baseline (T0, September-November 2012);
2. Post-intervention (T1, May-July 2013);
3. Follow-up: 18 months after baseline (T2, May-July 2014).

Onderzoeksproduct en/of interventie

The aim of the ZF program is to improve the children's social and emotional skills. The ultimate goal is to strengthen their mental resilience and to diminish their risks of developing emotional and/or behavioral problems. The underlying objective throughout ZF is to expand the children's repertoire of social and emotional skills and their abilities to adapt these into different situations. The full ZF program consists of 24 classroom lessons, training and support to teachers from experienced trainers, teaching materials for teachers and the children and information materials for parents. The ZF class room program is based around a set of 6 illustrated stories about a group of children, their families, friends and a stick insect Zippy [in Dutch: 'wandelende tak']. The stories describe issues which young children typically

experience: Feeling lonely, angry, jealous, friendship difficulties, bullying, dealing with change and loss. The sessions are divided into six modules: feelings, communication, making and breaking relationships, conflict resolution, dealing with change and loss, general coping skills.

The control group will receive education as usual.

Contactpersonen

Publiek

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Schools with a relatively high percentage of children from low SES families are recruited throughout the Netherlands;
2. Participating children are aged 6 to 8 (primary school, group 3 and 4);
3. Aim is that at least one third (33%) of the recruited schools have a significant immigrant population to enable meaningful analyses between immigrant groups, which is

operationalized as that 8 of the 24 classes per condition has 20% or more immigrant students, and half of these classes per condition has 40% or more immigrant students in their classes;

4. Passive informed consent from parents.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Participants not meeting the aforementioned criteria.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-11-2011
Aantal proefpersonen:	1108
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL3664
NTR-old	NTR3810
Ander register	ZonMw : 50-51510-98-112
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

N/A