Effect of occupational therapy on absenteeism, work resumption and work productivity in patients with work-related depression.

Gepubliceerd: 19-10-2009 Laatst bijgewerkt: 18-08-2022

N/A

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON25704

Bron
Nationaal Trial Register

Verkorte titel
Do-It

Aandoening

Work-related depression

Ondersteuning

Primaire sponsor: Academical Medical Center, Amsterdam
Overige ondersteuning: Uitkeringsinstituut Werknemersverzekeringen (UWV), Fonds Psychische gezondheid

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. Work absenteeism/work resumption;
2. Work productivity and work functioning.

Toelichting onderzoek

Achtergrond van het onderzoek

N/A

Doel van het onderzoek

N/A

Onderzoeksopzet

Baseline, 3 months, 6 months, 12 months, and 18 months after start of intervention.

Onderzoeksproduct en/of interventie

Psychiatric outpatient treatment (TAU): Patients will be treated by psychiatric residents in the outpatient department of the Mood Disorder Program according to a treatment as usual protocol (author: V. Rohak/A. Schene). Visits will include pharmacological treatment and clinical management, including psychoeducation, supportive therapy and cognitive behavioural interventions. Therapies will be supervised by an experienced psychiatrist. Pharmacotherapy will be done according to an antidepressant algorithm. If patients are deteriorating and outpatient therapy is not adequate any longer, patient can start day treatment or inpatient treatment. If the physician wants to treat in a different way than the TAU-protocol prescribes, he/she needs to contact the research group.

Psychiatric outpatient treatment + occupational therapy (TAU+OT): Patients will get the same protocollized outpatient treatment as the TAU patients with pharmacological treatment in combination with occupational treatment by an occupational therapist of the AMC. The adjuvant occupational therapy will include a four week analysis phase, 6 individual sessions, 8 group sessions and a work place visit. The intervention focuses on coping with work related problems, mastery of work related situations, improved work functioning and the development of a work reintegration plan. In this way, patients can learn to have more control over their functioning in the work situation, which can increase their work satisfaction, for example because there is more contact with colleagues, or it can imply that they manage stressful situations better.
In addition, the patient will be adviced to return to a work situation, which can be the old or a new work situation.

Contactpersonen

Publiek

Meibergdreef 5
H.L. Hees
Amsterdam 1105 AZ
The Netherlands
+31 (0)20 8913691

Wetenschappelijk

Meibergdreef 5
H.L. Hees
Amsterdam 1105 AZ
The Netherlands
+31 (0)20 8913691

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Age: 18-65 years;

2. Diagnosis: Major Depressive Disorder (DSM IV);

3. Absenteeism or partial absenteeism (minimum of 25% absenteeism);

4. Duration absenteeism > 8 weeks OR duration DSM-IV diagnosis depression > 3 months;

5. Reintegration: possibility to return to own or new job;

6. Relation between depressive disorder and work:

A. Work is one of the determinants of depressive disorder and contributes substantially (>25%), or;

B. Depressive symptoms reduces productivity or hinders the return to work.

7. Occupational therapy is an acceptable intervention for the patient.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Bipolar disorder;

2. Psychotic disorder or depression with psychotic characteristics;

3. Severe alcohol or drug misuse/alcohol or drug dependence;

4. Severe physical problems that make participation to the study impossible;

5. Severe suicidality;

6. Inpatient treatment at the clinic is indicated for patient;

7. Current or recent (during their current depressive episode) therapy by a psychotherapist, psychologist or occupational therapist which content resembles the content of our occupational therapy;

8. Current treatment at a family practitioner or psychiatrist which does not resemble our treatment as usual or which cannot be taken over by the psychiatrist of our research study (good communication is a must);

9. Current participation in research study that disables participation in the DO IT study.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders
Toewijzing:	Gerandomiseerd
Blindering:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland

Status:	Werving gestopt
(Verwachte) startdatum:	01-01-2007
Aantal proefpersonen:	120
Type:	Werkelijke startdatum

Ethische beoordeling

Positief advies

Datum:	19-10-2009
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL1940
NTR-old	NTR2057
Ander register	MEC : 06/285
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten
N/A