

Work Participation of Workers with Common Mental Complaints.

Gepubliceerd: 25-11-2011 Laatste bijgewerkt: 18-08-2022

Employees that comply to the inclusion criteria and receiving the MPI (Minimal Psychological Intervention), will improve more on scores on depression and fatigue than employees receiving care as usual.

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON25736

Bron

NTR

Verkorte titel

WoPaCoM (Work Participation of Workers with Common Mental Complaints)

Aandoening

Fatigue, minor depression, sick leave, work participation.

Ondersteuning

Primaire sponsor: Maastricht University

Overige ondersteuning: Fund = initiator = sponsor

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Fatigue measured with CIS 20, and Depression measured with BDI, assessed at baseline and at 4, 6 and 12 months after inclusion.

Toelichting onderzoek

Achtergrond van het onderzoek

Minimal Psychological Intervention (MPI) vs care as usual The MPI is based = on principles of cognitive behavioural therapy and self management by occupational health nurses. The number of consultations can vary from 1 to 10, during a period of max. 4 months.
After the baseline measurement follow up measurements after 4, 6 and 12 months are carried out.

Doel van het onderzoek

Employees that comply to the inclusion criteria and receiving the MPI (Minimal Psychological Intervention), will improve more on scores on depression and fatigue than employees receiving care as usual.

Onderzoeksopzet

Baseline, 4, 6 and 12 months follow up.

Onderzoeksproduct en/of interventie

Minimal Psychological Intervention (MPI) vs care as usual The MPI is based = on principles of cognitive behavioural therapy and self management by occupational health nurses. The number of consultations can vary from 1 to 10, during a period of max. 4 months.
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Contactpersonen

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Score PHQ-9; at least 2 depressive symptoms at least at “more than half the days” and at least one of these symptoms was depressed mood or anhedonia;
2. Score CIS-20 >76;
3. VAS score >3;
4. Completed informed consent.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Recent medical events as an explanation for fatigue or recent medical events as an explanation for fatigue and/or depression;
2. Serious physical impairment;
3. Serious psycho social problems;
4. Former episodes of depression or bipolar disorder or psychiatric co morbidity;
5. Passive death wish or suicidal thoughts;
6. Alcohol or drug dependency;
7. Non Dutch speaking.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-04-2007
Aantal proefpersonen:	130
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	25-11-2011
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL3014
NTR-old	NTR3162
Ander register	METC : 11-5-038
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

N/A