

# Influence of the day-night rhythm on renal clearance of tobramycin in cystic fibrosis patients.

Gepubliceerd: 27-02-2012 Laatst bijgewerkt: 18-08-2022

The circadian rhythm influences the renal clearance of tobramycin in cystic fibrosis patients.

**Ethische beoordeling** Positief advies

**Status** Werving gestart

**Type aandoening** -

**Onderzoekstype** Interventie onderzoek

## Samenvatting

### ID

NL-OMON25851

### Bron

Nationaal Trial Register

### Verkorte titel

CIRCA

### Aandoening

cystic fibrosis  
cystische fibrose  
kidney damage  
nierschade

### Ondersteuning

**Primaire sponsor:** Haga Medical Center, The Hague

**Overige ondersteuning:** not funded by external sources

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

To compare the renal clearance of tobramycin in CF patients receiving a daily intravenous dose in the morning against patients receiving a daily intravenous dose of tobramycin in the evening.

## Toelichting onderzoek

### Achtergrond van het onderzoek

Rationale:

Aminoglycosides are a cornerstone for the treatment of cystic fibrosis patients, who have a chronic pulmonary infection with *Pseudomonas aeruginosa*<sup>1</sup>. This class of antibiotics is very effective against infections with *Pseudomonas aeruginosa*, which is the most important pathogen in cystic fibrosis. Repeated or extended dosing of aminoglycosides may cause damage to the proximal tubuli, resulting in renal impairment. Renal impairment affects up to 40 % of adult CF patients, measured after estimation using an appropriate formula. The true number is probably even greater. Life expectancy of CF patients is extending as a result of better treatment. This makes toxicity caused by intravenous aminoglycosides now more relevant than for instance 30 years ago. The TOPIC study has shown that once-daily dosing of aminoglycosides is at least as effective and may be less toxic compared to multiple daily dosing. A recent post-hoc analysis of the TOPIC study data revealed that this difference was probably caused by the fact that 53 out of the 71 patients received their active dose between 16:00 and 20:00 h. This may be the result of a circadian rhythm in drug clearance. It is our hypothesis the circadian rhythm (and mobility) influences the renal elimination rate of tobramycin in CF patients.

Objective:

Main objective: To compare the renal elimination rate constant in CF patients receiving a daily intravenous dose of tobramycin in the morning against patients receiving a daily intravenous dose of tobramycin in the evening.

Secondary objective: To compare biochemical signs of nephrotoxicity in patients who receive their dose of tobramycin in the morning against patients who receive their dose of tobramycin in the evening.

Study design:

Open randomized trial.

Study population:

Adult cystic fibrosis patients, admitted to hospital for treatment of pulmonary exacerbation.

Intervention:

Subjects will be randomized to receive their daily dose of tobramycin in the morning or in the evening.

Main study parameters/endpoints:

The primary end point will be a significant or non-significant difference in the elimination rate constant ( $K_{el}$ ) between CF patients receiving a daily intravenous dose of tobramycin in the morning and CF patients receiving a daily intravenous dose of tobramycin in the evening.

Nature and extent of the burden and risks associated with participation, benefit and group relatedness:

The only extra burden associated with participation is three 24-hour urine collections. There are no extra risks associated with participation other than the risks associated with standard treatment.

### **Doel van het onderzoek**

The circadian rhythm influences the renal clearance of tobramycin in cystic fibrosis patients.

### **Onderzoeksopzet**

Renal clearance of tobramycin and biochemical parameters of kidney function will be evaluated on day 1, 7 and day 14 of tobramycin therapy.

### **Onderzoeksproduct en/of interventie**

Subjects will be randomized to receive their daily dose of tobramycin in the morning or in the evening.

# Contactpersonen

## Publiek

PO Box 85.500  
Erik Maarseveen, van  
University Medical Center Utrecht  
Department of clinical pharmacy  
Division Laboratory and Pharmacy  
D00.218  
Utrecht 3508 GA  
The Netherlands  
+31 (0)88 7551212

## Wetenschappelijk

PO Box 85.500  
Erik Maarseveen, van  
University Medical Center Utrecht  
Department of clinical pharmacy  
Division Laboratory and Pharmacy  
D00.218  
Utrecht 3508 GA  
The Netherlands  
+31 (0)88 7551212

## Deelname eisen

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. Age:  $\geq 18$  years;
2. A diagnosis of cystic fibrosis (ie, sweat chloride  $\geq 60$  mmol/L or a genotype associated with cystic fibrosis);
3. Chronic infection with *Pseudomonas aeruginosa* with the most recently isolated organism showing sensitivity to tobramycin;
4. Pulmonary exacerbation as defined by Fuchs and colleagues.

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Use of nephrotoxic drugs (NSAID's, furosemide, vancomycin);
2. Allergy for aminoglycosides;
3. Granulocytopenia ( $<1,0 \times 10^9/L$ );
4. Pregnancy;
5. Calculated GFR  $< 40 \text{ ml/min}$ ;
6. Pre-existing hearing impairment ( $\geq 20 \text{ dB}$  hearing level at any two frequencies between 2kHz and 8 kHz on the standard audiogram).

## **Onderzoeksopzet**

### **Opzet**

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Actieve controle groep

### **Deelname**

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-06-2008
Aantal proefpersonen:	22
Type:	Verwachte startdatum

## **Ethische beoordeling**

Positief advies	
Datum:	27-02-2012

Soort:

Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL3165
NTR-old	NTR3309
Ander register	: 08-107

## Resultaten

### Samenvatting resultaten

N/A