

# Which can predict memory problems after surgery better; blood sugar levels or memory before surgery?

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We hypothesize that POCD depends largely on preoperative cognitive dysfunction and frailty, rather than metabolic impairment alone.

**Ethische beoordeling**

Positief advies

**Status**

Werving gestart

**Type aandoening**

-

**Onderzoekstype**

Observationeel onderzoek, zonder invasieve metingen

## Samenvatting

### ID

NL-OMON26065

### Bron

Nationaal Trial Register

### Verkorte titel

PIANO study

### Aandoening

Diabetes; impaired glucose tolerance; frailty; neurocognitive dysfunction; postoperative cognitive dysfunction

### Ondersteuning

**Primaire sponsor:** Sponsor: Amsterdam UMC - location AMC, Department of Anesthesiology

**Overige ondersteuning:** N/A

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

- Changes in scores for the TICS questionnaire administered preoperative vs. 1 month, 3 and 12 months postoperative

## Toelichting onderzoek

### Achtergrond van het onderzoek

Postoperative cognitive dysfunction (POCD) occurs relatively frequently after surgery. POCD has been shown to increase the risk of subsequent dementia as well as premature death. However, because of poor characterization of the syndrome and resulting lack of diagnostic criteria, substantial variation exists in reported incidence rates.

Evidence is growing that impaired glucose metabolism and diabetes mellitus are associated with POCD, though the pathophysiology remains largely unknown. Possible mechanisms include autonomic neuropathy, hyperglycaemia induced neurotoxic changes, temporary states of hypoglycemia caused by antihyperglycemic treatment and pre-existing vascular damage.

The primary question is whether patients with impaired glucose metabolism or diabetes mellitus who get POCD have preexisting cognitive dysfunction, or if this results from the procedure.

We hypothesize that POCD depends largely on preoperative cognitive dysfunction and frailty, rather than metabolic impairment alone.

Clarifying the potential role of diabetes, glycemic levels and a history of hypoglycemia is important to be able to provide reliable risk assessment prior to surgery, to tailor post-surgery clinical care and to inform hypotheses on the mechanisms leading up to POCD. To answer our research question, we aim to perform a prospective cohort study in patients >65 years old undergoing elective surgery.

### Doel van het onderzoek

We hypothesize that POCD depends largely on preoperative cognitive dysfunction and frailty, rather than metabolic impairment alone.

### Onderzoeksopzet

Preoperative: TICS-M and WHODAS 2.0 questionnaire, G8 frail scale, blood tests (incl. HbA1c, Na, K, creatinine)

One month postoperative: TICS-M questionnaire and WHODAS 2.0 questionnaire

Six months postoperative: TICS-M questionnaire and WHODAS 2.0 questionnaire

### Onderzoeksproduct en/of interventie

N/A

# Contactpersonen

## Publiek

Amsterdam UMC, location AMC  
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## Wetenschappelijk

Amsterdam UMC, location AMC  
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# Deelname eisen

## Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

All patients  $\geq 65$  years old that visit the preoperative screening at the anesthesia outpatient clinic.

## Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Patients  $\geq 65$  years old who do not wish to participate in cognitive screening.

# Onderzoeksopzet

## Opzet

Type:	Observationeel onderzoek, zonder invasieve metingen
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm

Blindering:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

## Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	20-02-2019
Aantal proefpersonen:	150
Type:	Verwachte startdatum

## Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nee

## Ethische beoordeling

Positief advies	
Datum:	19-02-2019
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL7530
Ander register	METC Amsterdam UMC, location AMC : W19_044 # 19.067

# Resultaten