

Computer-tailored health information for parents with young children combined with personal counselling in well-child care.

Gepubliceerd: 02-03-2006 Laatste bijgewerkt: 18-08-2022

The computer-tailored health information in combination with personal counselling leads to:
1. Improvement of health behaviors; 2. Improvement of parental satisfaction with well-child care visits; 3. Improvement of well-child care provider...

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON26128

Bron

NTR

Verkorte titel

N/A

Aandoening

unintentional injuries and overweight in young children age 0-4 years

Ondersteuning

Overige ondersteuning: Name: ZonMw - the Netherlands Organisation for Health Research and Development

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Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. Parents' child safety behaviors relevant to prevention of burns, drowning, falls, and poisoning; intentions to adopt child safety behaviors; beliefs about preventive behaviors;
2. Children's physical activity and child nutrition and feeding practices; awareness of physical activity behavior and feeding practices.

Toelichting onderzoek

Achtergrond van het onderzoek

Parents determine to a large extent the health, development and well being of their children. Parents are in need of information and support that is based on their individual characteristics and situation. Dutch well-child care organizations function on a high level and have a large reach in the general population (90%). One of the main tasks of well-child care organizations is to give parents the health information they need. The main goal of this project is to support the parents of young children (age 0-4 years old) with the questions they can have regarding the optimal health, nutrition and safety of their child. A secondary goal is to support youth health care organizations in their estimation of health education needs and to translate these needs into tailored health information. Therefore a computer-tailored health education tool will be developed, which can be offered to parents in combination with personal counselling. The tool will be developed in dialogue with parents and youth health care organizations and implemented among two youth health care organizations.

Doel van het onderzoek

The computer-tailored health information in combination with personal counselling leads to:

1. Improvement of health behaviors;
2. Improvement of parental satisfaction with well-child care visits;
3. Improvement of well-child care provider satisfaction with well-child care visits.

Onderzoeksproduct en/of interventie

Parents are randomised into one of two groups below:

1. Tailored health information in combination with personal counselling; or 2. Usual care.
- Depending on the age of the child, the topics of the tailored health education program will

differ. Parents of baby's (n=240) will receive health information on safety behaviors. Parents of toddlers (n=240) will receive health information on overweight related health behaviors: physical activity and nutrition. Parents in the intervention group will access the computer-tailored health education program at their homes through the internet. After completion of the assessment questions, the program compiles a tailored health information handout. During the next well-child visit the well-child care provider will discuss this tailored health information with the parent.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Parents visiting the youth health care center for well-child visits.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Those parents who are not able to read and understand Dutch sufficiently.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-04-2006
Aantal proefpersonen:	480
Type:	Werkelijke startdatum

Ethische beoordeling

Positief advies	
Datum:	02-03-2006
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL561
NTR-old	NTR616
Ander register	: 4010.0033
ISRCTN	ISRCTN53855434

Resultaten

Samenvatting resultaten

N/A