

# The development and evaluation of a new burden of disease instrument for COPD.

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COPD management using the COPD Impact Scale and an treatment algoritm, will be more effective in improving the health related quality of life of COPD patients, measured by the Saint George Respiratory Questionnaire, than usual care, over a period...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestopt
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON26129

### Bron

NTR

### Verkorte titel

CIS

### Aandoening

Chronic Obstructive Pulmonary Disease (COPD)

### Ondersteuning

**Primaire sponsor:** C.P. van Schayck, Research Institute CAPHRI, Maastricht University.

**Overige ondersteuning:** Achmea, CZ, AstraZeneca, GSK, Takeda, Novartis, Picasso voor COPD, Boehringer Ingelheim

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

The difference in health-related quality of life between baseline and 18-months follow-up, measured by the St George's Respiratory Questionnaire.

## Toelichting onderzoek

### Achtergrond van het onderzoek

Chronic Obstructive Pulmonary Disease (COPD) is an irreversible lung disease and an increasing health problem worldwide. On the basis of morbidity records of general practices, the number of COPD patients known by the GPs can be estimated. Each year two new COPD patients are found per 1000 patients who are registered, while there are already 20 patients being treated for COPD amongst this 1000 patients.

COPD imposes a great burden on patients. It is a major cause of morbidity and mortality. Many patients suffer from it for years, and die prematurely due to complications arising from the disease. Approximately 6000 people die every year due to COPD. It is expected that prevalence of COPD will increase with 76% within approximately twenty years.

As COPD cannot be cured, it is important to focus on patient-reported outcomes, to address the progression of disease, complaints, limitations, and quality of life, in order to provide optimal treatment.

In order to improve health care in the Netherlands, Health Care Standards are developed. Health Care Standards offer a functional description of the multidisciplinary organization of prevention, care, and self-management support for a chronic condition from a patient perspective, during the full continuum of care. These are based on actual and, as far as possible, scientifically- funded insights. The 'Dutch Health Care Standard COPD' describes a new concept, namely the "burden of disease". The burden of COPD is considered to be attributed to more than simply the airway obstruction: it is defined by a Dutch national expert research team, commissioned by the Dutch Lung Alliance (Long Alliantie Nederland; LAN), as: "The physical, psychological, emotional and/or social burden as experienced by the patient."

This new concept is intended to guide management of COPD patients and can also classify the patients' burden of disease as a mild, moderate or severe burden of disease.

Therefore, the Dutch national expert research team created the COPD Impact Scale (CIS) using literature and input from both patients and health care professionals. Furthermore an algorithm was written that includes instructions and advices to assist the health care professional in providing the patient with the care they need.

This study aims to assess the effectiveness of the CIS in the management of patients with COPD.

This study is a 2-armed, cluster randomized controlled trial (RCT) comparing an intervention group using the CIS and algorithm-based COPD management, to a control group receiving usual care.

The duration of the follow-up period is 18 months. During the first part of the study the intervention arm will also deliver data on the reproducibility and validity of the COPD Impact Scale (CIS).

The trial will be conducted amongst General Practitioners and pulmonologist throughout the Netherlands.

### **Doel van het onderzoek**

COPD management using the COPD Impact Scale and an treatment algoritm, will be more effective in improving the health related quality of life of COPD patients, measured by the Saint George Respiratory Questionnaire, than usual care, over a period of 18 months.

### **Onderzoeksopzet**

1. Baseline;
2. 6 months follow up;
3. 12 months follow up;
4. 18 monhts follow up.

### **Onderzoeksproduct en/of interventie**

Participants in the intervention group will receive treatment, based on the newly developed COPD Impact Scale (CIS) and a treatment-algorithm. Patients will fill out the CIS, and additionally the caregiver will add some more relevant parameters. A computer based algorithm will visually display the outcomes and provides advices the patients and caregivers can discuss and put in the treatment plan.

Participants in the control group will receive care as usual.

## **Contactpersonen**

## **Publiek**

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## **Wetenschappelijk**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. Spirometrically confirmed diagnosis of COPD (post-bronchodilatator FEV1/FVC < 0.7);
2. Age 40+;
3. Patient is competent enough to understand and read the Dutch language.

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Exacerbations < 6 weeks;
2. Hard drug addiction;
3. Life-threatening co-morbid condition;

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

### Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-02-2013
Aantal proefpersonen:	360
Type:	Werkelijke startdatum

## Ethische beoordeling

Positief advies	
Datum:	11-01-2013
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL3622
NTR-old	NTR3788
Ander register	METC Atrium Orbis Zuyd : 12-N-93
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## Resultaten

### Samenvatting resultaten

The Assessment of Burden of COPD (ABC) Scale: A Reliable and Valid Questionnaire.  
Slok AH, Bemelmans TC, Kotz D, van der Molen T, Kerstjens HA, In 't Veen JC, Chavannes NH, Asijee GM, Rutten-van Mölken MP, van Schayck OC.

COPD. 2016 Aug;13(4):431-8.

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Effectiveness of the Assessment of Burden of COPD (ABC) tool on health-related quality of life in patients with COPD: a cluster randomised controlled trial in primary and hospital care.

Slok AH, Kotz D, van Breukelen G, Chavannes NH, Rutten-van Mölken MP, Kerstjens HA, van der Molen T, Asijee GM, Dekhuijzen PN, Holverda S, Salomé PL, Goossens LM, Twellaar M, In 't Veen JC, van Schayck OC.

BMJ Open. 2016 Jul 11;6(7):e011519.

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[Effectiveness of the Assessment of Burden of COPD tool: a cluster-randomised controlled trial].

van Schayck OC, Slok AH, Kotz D, van Breukelen G, Chavannes NH, Rutten-van Mölken MP, Kerstjens HA, van der Molen T, Asijee GM, Dekhuijzen PN, Holverda S, Salomé PL, Goossens LM, Twellaar M, In 't Veen JC.

Ned Tijdschr Geneeskd. 2016;160(0):D955.

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Effectiveness of the Assessment of Burden of Chronic Obstructive Pulmonary Disease (ABC) tool: study protocol of a cluster randomised trial in primary and secondary care.

Slok AH, In 't Veen JC, Chavannes NH, van der Molen T, Mölken MP, Kerstjens HA, Asijee GM, Salomé PL, Holverda S, Dekhuijzen RP, Schuitens D, van Breukelen G, Kotz D, van Schayck OC.

BMC Pulm Med. 2014 Aug 7;14:131.

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Development of the Assessment of Burden of COPD tool: an integrated tool to measure the burden of COPD.

Slok AH, In 't Veen JC, Chavannes NH, van der Molen T, Rutten-van Mölken MP, Kerstjens HA,

Salomé PL, Holverda S, Dekhuijzen PN, Schuiten D, Asijee GM, van Schayck OC.

NPJ Prim Care Respir Med. 2014 Jul 10;24:14021

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Slok, Annerika HM, et al. "'To use or not to use': a qualitative study to evaluate experiences of healthcare providers and patients with the assessment of burden of COPD (ABC) tool." npj Primary Care Respiratory Medicine 26 (2016): 16074.