

Research into prevention of medication induced fall incidents.

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The withdrawal, reduction or substitution of fall-risk increasing drugs will reduce fall risk in the elderly.

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON26171

Bron

NTR

Verkorte titel

ImproveFALL

Aandoening

Fall-related injury of any type requiring consultation to the Emergency Department

Ondersteuning

Primaire sponsor: Erasmus MC (Dr. T.J.M. van der Cammen)

Overige ondersteuning: ZonMw

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. Incidence of further falls;

2. Negative health effects;

3. Costs per prevented fall.

Toelichting onderzoek

Achtergrond van het onderzoek

Objective/ research questions:

To evaluate the effects and cost-effectiveness of a systematic drug assessment and drug modification in older fallers presenting at the Emergency Department (ED). Based on the results of this study, a clinical protocol will be developed for assessment and modification of drug use among older fallers at the ED.

Study design:

RCT with one intervention and one control group. Older fallers (65+) presenting at the ED, and on 1 or more fall-risk increasing drugs, are eligible. In total 620 patients will be randomized. The intervention group will receive a systematic drug assessment. Fall-risk increasing drugs will be stopped, reduced or substituted by safer drugs where possible. The control group will receive usual care and a systematic drug assessment without drug modification. During 1 year of follow-up, fall incidence, fall-related injuries, medication use, recurrence of (disease)symptoms, and health care consumption (costs) will be registered. Also, patients will complete health-related quality of life questionnaires (SF-12v2 and EQ-5D).

Outcome measures:

Primary outcome parameters will be the incidence of further falls and the possible negative health outcomes of drug withdrawal.

Secondary outcome measures will be fall-related injuries, generic health-related quality of life (HRQOL), compliance and quality adjusted life years.

Data analysis:

The intention-to-treat principle will be followed. The hazard ratio (HR) for falling will be calculated with Cox-regression analyses using the time between the intervention till the first/second fall as the outcome measure.

Economic evaluation:

Cost-effectiveness analysis, including costs per prevented fall as primary outcome measure, and costs per prevented fall-related injury and costs per QALY as secondary outcome measures.

Doel van het onderzoek

The withdrawal, reduction or substitution of fall-risk increasing drugs will reduce fall risk in the elderly.

Onderzoeksopzet

- t=0: Baseline fall-related (drug) assessment;
- t=3, 6, 9, 12 months: fall / health questionnaire;
- t=12 months: final fall-related assessment.

Onderzoeksproduct en/of interventie

Intervention group:

systematic fall-related drugs assessment combined with drug modification.

Control group:

systematic fall-related drug assessment without subsequent drug modification.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Fall according to the specified definition;
2. Using at least 1 fall-risk increasing drug;
3. Community-dwelling;
4. Age 65 years or older;
5. Independently ambulant;
6. MMSE 21 points or higher;
7. Informed consent.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Fall not meeting criteria of specified definition;
2. Not using fall-risk increasing drugs;
3. Not community-dwelling (e.g. living in nursing home);
4. Age <65 years;
5. Not independently ambulant;

- 6. MMSE <21 points;
- 7. No informed consent.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	27-10-2008
Aantal proefpersonen:	620
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	16-12-2008
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL1523
NTR-old	NTR1593
CCMO	NL23970.078.08
ISRCTN	ISRCTN wordt niet meer aangevraagd

Resultaten

Samenvatting resultaten

N/A