

ADASS study

Gepubliceerd: 01-11-2013 Laatste bijgewerkt: 19-03-2025

Despite high rates of anxiety and depression among adults with ASD, treatment methods for these comorbid conditions have not been systematically studied or compared in this patient population. Recently, MBSR and CBT protocols were adapted for adults...

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON26280

Bron

NTR

Aandoening

autism, cognitive behavioral therapy, mindfulness based stress reduction

Ondersteuning

Primaire sponsor: Center for Developmental Disorders, Dimence

Overige ondersteuning: Dimence

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

reduction on anxiety scale and the depression scale of the hospital anxiety and depression scale (HADS)

Toelichting onderzoek

Achtergrond van het onderzoek

A three-arm RCT among 180 adults with ASD (60 MBSR, 60 CBT, and 60 treatment as usual, (TAU)), conducted in an outpatient setting with measurements at the start and end of the 13 week treatment period, and at 3 months follow-up. Instruments include the hospital anxiety and depression scale, rumination, irrational belief and mindfulness scales, and an autism symptom checklist

Doel van het onderzoek

Despite high rates of anxiety and depression among adults with ASD, treatment methods for these comorbid conditions have not been systematically studied or compared in this patient population. Recently, MBSR and CBT protocols were adapted for adults with ASD and could be excellent candidate therapies for reducing anxiety and depression.

The study looks at the ability of both treatment methods to reduce anxiety and depression symptoms among adults with ASD, and to determine which therapy is best suited for which patient.

Onderzoeksopzet

in each cycle:

Mo: at intake

M1: at start of the 13 week treatment period

M1a: after 4 weeks treatment

M1b: after 8 weeks treatment

M2: on completion of 13 week treatment period

M3: at 3 months follow up

Onderzoeksproduct en/of interventie

1. cognitive behavioral therapy adopted for adults with ASD (Schuurman, 2012) over a 13 week period
2. Mindfulness based stress reduction therapy for adults with ASD (Spek, 2012) over a 13 week period

3. Treatment as usual

Contactpersonen

Publiek

Center for Developmental disorders, Dimence
PO box 5003

B. Sizoo
Deventer 7416 SB
The Netherlands
+31 575 639 652

Wetenschappelijk

Center for Developmental disorders, Dimence
PO box 5003

B. Sizoo
Deventer 7416 SB
The Netherlands
+31 575 639 652

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. adults with a clinical diagnosis of ADHD
2. normally intelligent
3. able to do homework assignments associated with treatment
4. score of > 8 on hospital anxiety and depression scale (HADS)

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- former treatment with mindfulness or cognitive behavioral therapy for adults with autism
- too sensitive for group treatment
- psychosis or under influence of alcohol or drugs

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-10-2013
Aantal proefpersonen:	180
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	01-11-2013
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 36888

Bron: ToetsingOnline

Titel:

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL4082
NTR-old	NTR4233
CCMO	NL40743.072.12
ISRCTN	ISRCTN wordt niet meer aangevraagd.
OMON	NL-OMON36888

Resultaten

Samenvatting resultaten

N/A