

Prevention of loneliness and depression in elderly nursing home patients living in Amsterdam using Life Review Therapy.

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Life review therapy will have a positive effect on the level of depressive symptoms of nursing home inhabitants.

Ethische beoordeling	Niet van toepassing
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON26366

Bron

NTR

Verkorte titel

N/A

Aandoening

- 50 % of the included elderly starts immediately with the life review therapy, the others receive the therapy after three months (waiting list condition)

Ondersteuning

Overige ondersteuning: Stichting Nuts Ohra

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Depression (Griatric Depression Scale-8, MINI-interview) and loneliness (De Jong Gierveld

Loneliness Scale). Anxiety, HADS, autobiographical memory(AMT).
Posttreatment one or two weeks after ending intervention (4 weeks after inclusion).

Toelichting onderzoek

Achtergrond van het onderzoek

Prevention of loneliness and depression in elderly nursing home patients living in Amsterdam using Life Review Therapy.

The aim of our study is to examine the effects of the life review therapy on depressive symptoms and feelings of loneliness in older adults living in nursing.

One hundred older adult volunteers with a clinical significant level of depressive symptoms, with normal cognitive functioning living in a nursing home near Amsterdam are included.

After verbal consent was given, participants were screened for depression. In the second week participants complete the questionnaires included in the presets. During the third to sixth week the life review therapy was carried out with the experimental group and the control group started three months later. Post testing took place at week seven or eight.

Doel van het onderzoek

Life review therapy will have a positive effect on the level of depressive symptoms of nursing home inhabitants.

Onderzoeksopzet

N/A

Onderzoeksproduct en/of interventie

Intervention: The life review consisted of autobiographical retrieval practice that entailed focusing on a particular life period each week - childhood, adolescence, adulthood, and summary. For each period 14 questions were asked that were designed to prompt specific memories. Examples of questions include "What did your mother or father do one day when you were a child that astonished you?". Intervention sessions were tape-recorded and were scored by a psychologist. At pre- and posttest the following questionnaires were

administered; depressive symptoms (GDS-8), cognitive functioning (MMSE), MINI-interview (dsm-diagnoses depression and dysthymie), anxiety (HADS), loneliness (De Jong Gierveld Loneliness Scale), Autobiographical Memory Test (AMT), worrying (PSWQ), neuroticism (NEO-FFI-subscale), quality of life (SSWO, PMS, "balans opmaken vragenlijst").
Control: waiting list (after 3 months).

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen

(Inclusiecriteria)

1. Age over 65;
2. Living in a nursing home;
3. Normal cognitive functioning/ no signs of dementia;
4. No pharmacological treatment.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. No or less depressive symptoms;
2. Mild or severe cognitive symptoms.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-02-2007
Aantal proefpersonen:	100
Type:	Werkelijke startdatum

Ethische beoordeling

Niet van toepassing

Soort:

Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL815
NTR-old	NTR828
Ander register	: N/A
ISRCTN	ISRCTN21151711

Resultaten

Samenvatting resultaten

N/A