

Effectiviteit van een schoolprogramma gericht op de seksuele gezondheid van jonge adolescenten

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The objectives are firstly that Love is... promotes the healthy sexual development by increasing knowledge and positive attitudes towards sexuality. Secondly, characteristics of adolescents who do not improve from the general prevention program are...

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	Levensstijlaangelegenheden
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON26676

Bron

Nationaal Trial Register

Verkorte titel

Love is...

Aandoening

- Levensstijlaangelegenheden

Aandoening

Love is..., knowledge and attitudes towards sexuality, sexual health and sexual harassment, boys and girls.

Betreft onderzoek met

Mensen

Ondersteuning

Primaire sponsor: Gemeente Amsterdam

Overige ondersteuning: Gemeente Amsterdam

Onderzoeksproduct en/of interventie

- Psychosociale interventie

Toelichting

Uitkomstmaten

Primaire uitkomstmaten

- Knowledge and attitudes towards sexuality and sexual health (birth control and STD's) • Attitudes towards sexual diversity, gender roles, sexting, personal boundaries and porn.

Toelichting onderzoek

Achtergrond van het onderzoek

The current study tests the effectiveness of a chain of prevention programs including a general school-based sex education program followed by a more comprehensive program aimed at non-responders to the general program. Firstly, the effect of a general preventive program aimed at promoting a healthy sexual development is investigated. Secondly, characteristics of adolescents who do not improve from the general prevention program are identified in order to refer them to the comprehensive program. Thirdly, the difference in sexual interaction competence before and after the more comprehensive program aimed at reducing sexual harassment behaviour (victimization and perpetration) for adolescents who do not improve from the general prevention program will be investigated. Fourthly, the effectiveness of a chain of prevention efforts consisting of a general and more specific program aimed at promoting healthy sexual development is investigated. Results of this study may help to better identify those adolescents who do not benefit from general sexual education programs, and will benefit from a more specific prevention program. Ultimately, this might lead to an effective chain of prevention programs promoting healthy sexual development for adolescents in the general population, and reduce sexual harassment among adolescents.

Doel van het onderzoek

The objectives are firstly that Love is... promotes the healthy sexual development by increasing knowledge and positive attitudes towards sexuality. Secondly, characteristics of adolescents who do not improve from the general prevention program are identified in order to refer them to the comprehensive program.

Onderzoekopzet

Baseline, post (direct after intervention), follow-up 6-9 months later.

Onderzoeksproduct en/of interventie

Love is... is a gender-sensitive program aimed at adolescents between the 13-16 years old in the second and third grade of secondary school. The main objective of this prevention program is increasing knowledge, influencing attitudes and teaching skills regarding pleasant, desirable and safe relationships and sexuality. By promoting this, conditions are created to strengthen the sexual interaction competence of adolescents, what reduces the risk of sexual risky behavior and sexual harassment among adolescents, both as victims and as perpetrators. Love is... consists of four lessons for four weeks each 100 – 120 min. It is presented by experienced care workers from outside the school, who are trained in discussing topics related to sexuality in an accessible way. The program is gender-sensitive, what results in providing the lessons separately to boys and girls by two matching instructors. Both boys and girls receive similar topics related to sexuality, but also gender specific themes. To change the determinants of sexual harassment and risky sexual behavior, the designers of Love is... program first identified appropriate behavior-change methods. To influence the behavioral determinants of sexual harassment, modelling, resistance to social pressure and guided practice are used. Julia & Romeo Romeo is a comprehensive program aimed at boys aged 12 to 18 years who engage in sexual harassment behavior and are at risk of recidivism. The main objective is reinforcing the sexual interaction competence of boys to reduce engagement in sexual harassment behavior. Julia is a comprehensive program aimed at girls aged 12 to 19 years who have experienced sexual harassment or are engaging in sexual harassment behavior. They have difficulties with love, relationships, boundaries, coercion and sexuality and are motivated for care. There might be a unhealthy sexual development and inadequate sexual interaction competence. The main objective is to promote the healthy sexual development of girls who have experienced sexual harassment or are engaging in sexual harassment behavior and therefore to reduce the risk to be revictimized, experience more severe sexual harassment or engage in trafficking.

Contactpersonen

Publiek

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Wetenschappelijk

UMC child- and adolescent psychiatry
Maurina Versloot

Deelname eisen

Leeftijd

Adolescenten (12-15 jaar)
Adolescenten (12-15 jaar)
Adolescenten (16-17 jaar)
Adolescenten (16-17 jaar)
Volwassenen (18-64 jaar)
Volwassenen (18-64 jaar)

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Secondary school, all education levels Boys and Girls between 13-17 years

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Insufficient ability to speak or/and understand Dutch

Onderzoeksopzet

Opzet

Fase onderzoek:	N.V.T.
Type:	Interventie onderzoek
Onderzoeksmodel:	Enkelvoudig
Toewijzing:	Gerandomiseerd
Blindering:	Open / niet geblindeerd
Controle:	Actieve controle groep
Doel:	Preventie

Deelname

Nederland

Status:	Werving gestopt
(Verwachte) startdatum:	01-09-2018
Aantal proefpersonen:	1200
Type:	Werkelijke startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nee

Toelichting

N/A

Ethische beoordeling

Positief advies

Datum: 12-11-2019

Soort: Eerste indiening

Toetsingscommissie: MEC Academisch Medisch Centrum (Amsterdam)

Kamer G4-214

Postbus 22660

1100 DD Amsterdam

020 566 7389

mecamc@amsterdamumc.nl

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL8150
Ander register	METC VUmc : 2018-352 / IRB00002991

Resultaten

Samenvatting resultaten

N/A