

Medical study in which the efficacy of anti-arrhythmic drugs on ventricular ectopic heartbeats in children will be examined.

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Flecainide is more effective in reducing the amount of PVCs than beta-blocker metoprolol.

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|-----------------------------|--------------------------|
| Ethische beoordeling | Niet van toepassing |
| Status | Werving nog niet gestart |
| Type aandoening | Hartritmestoornissen |
| Onderzoekstype | Interventie onderzoek |

Samenvatting

ID

NL-OMON26689

Bron

NTR

Verkorte titel

ECTOPIC

Aandoening

- Hartritmestoornissen

Aandoening

frequent premature ventricular contractions frequent ventricular ectopic beats left ventricular dysfunction anti-arrhythmic drugs children frequente premature ventriculaire contracties frequente overslagen van de hartkamers linker kamer dysfunctie anti-aritmica kinderen

Betreft onderzoek met

Mensen

Ondersteuning

Primaire sponsor: Leiden University Medical Center
Leiden, the Netherlands
Overige ondersteuning: None

Onderzoeksproduct en/of interventie

Toelichting

Uitkomstmaten

Primaire uitkomstmaten

The acute effect of flecainide and metoprolol on the reduction of PVCs as measured on Holter registration.

Toelichting onderzoek

Achtergrond van het onderzoek

Rationale: Frequent idiopathic premature ventricular contractions (PVCs) and asymptomatic ventricular tachycardia (VTs) in children are rare, but can lead to left ventricular (LV) dysfunction. PVCs can be reduced by anti-arrhythmic drug therapy and thereby LV function can be restored. In clinical practice beta-blockers are usually the first line of treatment. We hypothesise that flecainide is more effective in reducing the amount of PVCs than metoprolol.

Objective: To test the acute effect of metoprolol vs flecainide on the reduction of PVCs in a pediatric population. Secondary objectives are to perform a prospective evaluation of the effect of PVCs on LV function, to test the effect of reduction of PVCs by metoprolol or flecainide on LV function and to determine additional risk factors for development of LV-dysfunction.

Study design: In a pediatric cohort of patients the acute effect of metoprolol vs flecainide on the amount of PVCs will be tested in an open label cross-over design. In case of clinical symptoms or subclinical signs of LV dysfunction on echocardiography or cardiac magnetic resonance imaging, the most effective drug will be continued, to evaluate the effect on symptoms or LV dysfunction. The follow-up of these patients will be performed in a prospective observational study.

Study population: Children between 1 year and 18 years of age, a structurally normal heart, more than 15% PVCs on Holter recording and (without) asymptomatic VTs.

Intervention: After baseline function testing patients will be randomized to first receive an oral dose of metoprolol (1 mg/kg/dose twice daily) and secondly flecainide (2 mg/kg/dose

twice daily) or the other way around. Each drug will be administered for at least 5 consecutive days, after which function testing will be repeated. In between a drug free period of at least two weeks will be implemented, to allow complete clearance of the drug.

Main study parameters/endpoints: The acute effect of flecainide and metoprolol on the reduction of PVCs as measured on Holter registration.

Nature and extent of the burden and risks associated with participation, benefit and group relatedness: The burden of the study procedures is limited. Procedures are those routinely performed during regular follow-up in these patients and include physical examination, ECG, echocardiography, Holter registration every 6 months and pro-brain natriuretic peptide measurement once a year. In addition, an exercise test will be performed at the start and after medication testing cardiac magnetic resonance imaging will be performed. The risks of medication testing are limited. Both drugs have been used extensively in the age group in which this study is performed and possible side effects are reversible by discontinuation of the drug. Patients will benefit from the study, as they will learn which medication is most effective in reducing PVCs in each individual case.

Doe~~l~~ van het onderzoek

Flecainide is more effective in reducing the amount of PVCs than beta-blocker metoprolol.

Onderzoeksopzet

Holter registration: reduction of % of PVCs, before and after medication testing.

Echocardiography: measurement of LV/RV function by two dimensional echocardiography and strain imaging, before and after medication testing.

CMR: assessment of ventricular volumes and function, once baseline measurement.

Onderzoeksproduct en/of interventie

In a pediatric cohort of patients the acute effect of beta-blocker vs flecainide on the amount of PVCs will be tested in an open label cross-over design. After baseline function testing patients will be randomized to first receive an oral dose of metoprolol (1 mg/kg/dose twice daily) and secondly flecainide (2 mg/kg/dose twice daily) or the other way around. Each drug will be administered for at least 5 consecutive days, after which function testing will be repeated. In between a drug free period of at least two weeks will be implemented, to allow complete clearance of the drug.

Contactpersonen

Publiek

R.A. Bertels
Leiden
The Netherlands
+31715262835

Wetenschappelijk

R.A. Bertels
Leiden
The Netherlands
+31715262835

Deelname eisen

Leeftijd

Baby's en peuters (28 dagen - 23 maanden)
Adolescenten (12-15 jaar)
Adolescenten (16-17 jaar)

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Age ≥ 1 year and < 18 years
- Structurally normal heart confirmed by echocardiography
- PVCs > 15% on two different 24-hour Holter recording
- With or without asymptomatic VT

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- Age < 1 year, because of the significant chance of spontaneous resolution of PVCs
- Structural cardiac defects
- History of cardiac surgery
- Myocarditis

- Cardiomyopathies
- Long QT-syndrome
- Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT)
- Verapamil sensitive PVC / Ventricular Tachycardia (VT)
- Patients with mental retardation

Onderzoeksopzet

Opzet

| | |
|------------------|-------------------------|
| Fase onderzoek: | N.V.T. |
| Type: | Interventie onderzoek |
| Onderzoeksmodel: | Cross-over |
| Toewijzing: | Gerandomiseerd |
| Blinding: | Open / niet geblindeerd |
| Controle: | Geneesmiddel |
| Doel: | Behandeling / therapie |

Deelname

| | |
|-------------------------|--------------------------|
| Nederland | |
| Status: | Werving nog niet gestart |
| (Verwachte) startdatum: | 01-03-2017 |
| Aantal proefpersonen: | 49 |
| Type: | Verwachte startdatum |

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

Ethische beoordeling

| | |
|---------------------|---------------------|
| Niet van toepassing | |
| Soort: | Niet van toepassing |

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 55422

Bron: ToetsingOnline

Titel:

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

| Register | ID |
|----------|----------------|
| NTR-new | NL6323 |
| NTR-old | NTR6498 |
| CCMO | NL60023.058.17 |
| OMON | NL-OMON55422 |

Resultaten