

The Effect of The Smoke-free Lottery on smoking employees.

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It is hypothesized that the lotteries will increase abstinence smoking rates over and above an effective smoking-cessation training program.

Ethische beoordeling	Niet van toepassing
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON26768

Bron

Nationaal Trial Register

Verkorte titel

Smoke-free Lottery

Aandoening

Smoking-related diseases

Ondersteuning

Primaire sponsor: RIVM

Overige ondersteuning: Strategic Program of the National Institute for Public Health and the Environment.

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The proportion of abstinent participants 12 months after the initial quit date (t1 – t4). This refers to prolonged abstinence between quit day (t1) and the 52-week follow-up (t4).

Abstinence will be evaluated by self-reported smoking (via email/sms), which is validated by CO measurements.

Toelichting onderzoek

Achtergrond van het onderzoek

The aim of the project is to evaluate whether a lottery at the workplace will increase the effectiveness of evidence-based tobacco-cessation training by increasing the number of successfully quitted smokers after 12 months. A cluster randomized controlled trial will be conducted on smoking employees and short and long-term assessments on abstinence of smoking will be conducted.

Doel van het onderzoek

It is hypothesized that the lotteries will increase abstinence smoking rates over and above an effective smoking-cessation training program.

Onderzoeksopzet

Baseline, 13 weeks, 26 weeks, 52 weeks

Onderzoeksproduct en/of interventie

Both the intervention and the control condition will receive an effective smoking-cessation training program. The training sessions will be given by professional coaches from the Dutch company SineFuma. The program consists of seven weekly group counseling sessions of 90-minutes session per week in the workplace setting. A standard part of the weekly sessions is the Carbon Monoxide (CO) measurement.

Participants in the intervention condition will follow the smoking cessation training in combination with lotteries. Lottery participants can win €50 every week for 3 months. The winning ticket is drawn out of all lottery participants within each company and is announced to all, but the winners are only eligible for their prize if they did not smoke that week, as confirmed by a noninvasive breath- test (CO measurement). After 6 months, participants can win a family vacation (worth €400). The winners are informed about their prize, but can only claim the prize if they remained abstinent for 6 months.

Contactpersonen

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Companies:

1. The management considers it important to stimulate employees to quit smoking and is willing to pay for the tobacco-cessation training and the lotteries;
2. The management agrees that study participants participate in the counseling sessions and CO-measurements during working hours on a location arranged by the company.

Participant

1. Is at least 18 years old;
2. Is a daily smoker and has been smoking tobacco for at least six months;
3. Wants to quit smoking tobacco.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Participant:

1. Having planned to leave their company within six months;
2. Having an acute life-threatening disease;
3. Not being able to read or speak Dutch.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	17-03-2020
Aantal proefpersonen:	146
Type:	Verwachte startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL8463
Ander register	Ethische Commissie Sociale Wetenschappen van Radboud University Nijmegen : ECSW-2019-114

Resultaten