Effectiveness of a Reintegration & Rehabilitation intervention for claimants with long-term disability

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Claimants who receive a treatment in a rehabilitation centre in addition to the regular re-integration support by the Dutch Social Security Institute (SSI) are more likely to return to work compared to claimants who receive regular re-integration...

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON26850

Bron
Nationaal Trial Register

Verkorte titel
R&R program (Re-integration & rehabilitation)

Aandoening

Return to work, disability claimants

Ondersteuning

Primaire sponsor: Research Center for Insurance Medicine (Kenniscentrum Verzekeringsgeneeskunde (KVCG))
University Medical Center Groningen (UMCG), Department of Health Sciences
Overige ondersteuning: UWV (Workers Insurance Authority)

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. Return to work;
2. Functioning.

Toelichting onderzoek

Achtergrond van het onderzoek

The purpose of the R&R study is to evaluate the effectiveness and cost-effectiveness of a combined reintegration and rehabilitation program aimed at improving functioning and return to work for Dutch claimants receiving disability benefits due to long-term reduced earning capacity.

Doel van het onderzoek

Claimants who receive a treatment in a rehabilitation centre in addition to the regular re-integration support by the Dutch Social Security Institute (SSI) are more likely to return to work compared to claimants who receive regular re-integration support by the Dutch SSI.

Onderzoeksopzet

Baseline and 6 and 12 months after baseline measurement.

Onderzoeksproduct en/of interventie

The intervention is an outpatient multidisciplinary treatment in a rehabilitation center. The intervention is divided into two parts: 1. a diagnostic Quick Scan; 2. a multidisciplinary rehabilitation. The aims of the Quick Scan are to identify obstacles for functioning and return to work, assess whether these obstacles are modifiable and what is needed to remove these obstacles. It takes approximately four hours and during this time the participant visits a rehabilitation physician, a psychologist and a physiotherapist (the Quick Scan team). The Quick Scan has two possible outcomes: 1. the Quick Scan team concludes that a multidisciplinary rehabilitation treatment can be beneficial for the participant. The participant will then be invited to participate in this treatment; 2. the Quick Scan team concludes that a multidisciplinary treatment is not the best way to benefit the participant. The participant will stay in the intervention group, but will not receive the multidisciplinary rehabilitation.

The multidisciplinary rehabilitation is expected to have an average duration of three months and aims at removing obstacles for return to work and improving functioning. Depending on the results of the Quick Scan, this could involve improving physical fitness, dealing with

medication, exacerbation management, and removal of relevant psychosocial barriers, for example attitude, expectations, fear avoidance, coping, depression and perceived social support. The multidisciplinary team consists of different professionals, based on the main diagnosis and needs of the participant. Examples are a dietician, a physiotherapist, a psychotherapist and a social worker. Depending on the main diagnosis, the rehabilitation team will be led by a rehabilitation physician, cardiologist or pulmonologist.

In addition to the rehabilitation treatment all participants also receive the regular re-integration support by the Dutch SSI.

Contactpersonen

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. age between 18-63 years;

2. receiving WGA 35-80 or 80-100 disability benefits;

3. living in the northern part of the Netherlands.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. no ability to complete questionnaires written in the Dutch language;

2. pregnancy;

3. a severe mental disorder or psychiatric condition that could influence the rehabilitation process;

4. recently received a treatment similar to the intervention or will receive such treatment in the near future;

5. an interfering treatment; or

6. a substance addiction.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Actieve controle groep

Deelname

Nederland

Status:	Werving gestart
(Verwachte) startdatum:	01-01-2016
Aantal proefpersonen:	120
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies

Datum:	06-04-2016
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL5679
NTR-old	NTR5823
Ander register	METc : M13.130155

Resultaten