

Bottom-up Innovation: Healthy and happy to work in vocational education.

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Ethische beoordeling	Niet van toepassing
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON27115

Bron

Nationaal Trial Register

Aandoening

Duurzame inzetbaarheid, werkvermogen, burnout, verzuim, gezondheidsgerelateerde kwaliteit van leven.

Sustainable workability, burn-out, absenteeism, health-related quality of life.

Ondersteuning

Primaire sponsor: TNO (Work & Health)

Overige ondersteuning: ZonMW, The Netherlands Organization for Health Research and Development, MBO-raad

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. (Sustainable) workability;

2. Burnout;

Toelichting onderzoek

Achtergrond van het onderzoek

The working population in vocational education is growing old. Besides the ageing of this part of our workforce, teachers in this field suffer more frequently than workers in other sectors from burnout. Furthermore, absence rates are higher in vocational education than in other sectors. The ageing, burnout and absence rates endanger the sustainable workability of these teachers and staff.

Therefore the process-oriented 'Heuristic Method' intervention is implemented in two vocational education institutes, aiming to stimulate happy and healthy work in this field. A main element of this intervention is the involvement of relevant stakeholders at all phases of intervention (i.e. prepare, research, develop, implement). The exact intervention will only be determined in the development phase of the intervention, in line with other frameworks for intervention (e.g. Intervention Mapping Protocol).

This study will be conducted as a controlled trial and evaluated by means of an effect evaluation at 3 and 12 months after implementation. Besides workability, burnout and absenteeism, secondary outcomes are a.o.: social support, autonomy, developing possibilities and work engagement.

Doel van het onderzoek

After implementation of the intervention the sustainable workability of teachers and staff in the intervention group will be significantly higher than the sustainable workability of those in the control group, both directly after intervention and in the long term (12 months).

Onderzoeksopzet

Measurements will take place at baseline, 3 and 12 months.

Measurements will include validated questionnaires (Job Content Questionnaire, Work Ability Index) and interviews with the participants and executors.

Onderzoeksproduct en/of interventie

The Heuristic Method (DHM), developed by Heijting Weerts Group, will be applied to teachers

and staff in vocational education, in a controlled trial. This proces-oriented intervention will be used to stimulate a movement from 'bottom-up', by forming a focusgroup, that will participate in all phases of the intervention (i.e. prepare, research, develop, implement).

Only in the development phase, the exact elements of intervention can be determined, as in line with other intervention strategies (e.g. Intervention Mapping Protocol).

Possible interventions could be:

1. Implementation of a plan to stimulate social support between colleagues;
2. Implementation of a plan to foster efficiency within the vocational educational institute.

The control group will receive treatment as usual.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Age: All ages;
2. Number of participants: two vocational education institutes will participate. Each institute will have an intervention and controlgroup consisting of at least 150 participants respectively;
3. Availability: Available till midst 2013;
4. Permission: Signed an informed consent.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Teacher nor staff: Non-educational personnel was excluded from the study;
2. Vocational education for elderly: Teachers of elderly education were excluded.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Niet-gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-11-2011

Aantal proefpersonen: 600
Type: Verwachte startdatum

Ethische beoordeling

Niet van toepassing
Soort: Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL3140
NTR-old	NTR3284
Ander register	ZonMW : 50-51400-98-019
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

N/A