

The effectiveness of the CARm training for labour experts to improve work participation of clients with multiple problems

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Clients with multiple problems supported by a CARm trained labour expert will improve on functioning and work status. The primary aim of the study is to evaluate the effectiveness of an integrated, client centred and strengths based approach...

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON27155

Bron

Nationaal Trial Register

Verkorte titel

CARm (Comprehensive Approach of Reintegration for clients with Multiple problems)

Aandoening

Clients with disability benefit from the Dutch social security institute (SSI)

Ondersteuning

Primaire sponsor: University Medical Center Groningen(UMCG) Department of Health Sciences

Overige ondersteuning: Center for Labour Experice (AKC) the Netherlands

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Work status.

Are clients capable to return to work or find a job and is it sustainable

Toelichting onderzoek

Achtergrond van het onderzoek

Background:

The last decades the way we think about health, participation and how to treat unemployed or disabled clients changed. During the last 10 to 20 years there was a paradigm shift from compensation to participation. Formerly providing compensation for income loss was priority one nowadays we look first what we can do for clients to participate and when this is temporally not available we provide compensation. The mission statement of SSI is: "It is our mission to work with our partners to make a difference for people by promoting work. If work is impossible, we ensure that income is available quickly". In the participation act people who are able to participate in society are expected/stimulated to do so. The focus is hereby more on self-management, own strength and own responsibility. People are made dependent while they prefer to be independent through self-management or shared decision making. People have to cope themselves preferably with support from their own social support network. When the latest is not possible professionals will take a "temporary role" in order to increase the process. Own strength an self-management are probably the most used words in the participation law. Because we promote more people to participate we reach the people who are long-term unemployed and therefore have a greater distance to the labour market. This are people with Multiple problems.

Objective:

"To develop and evaluate the effectiveness of the CARm training for labour experts to improve work participation of persons with multiple problems".

Study population:

Approximately 440 client o fthe SSI with multiple problems will participate in this study.

Study design:

A cluster radomized control trail with randomization on at the level of the labour expert. Labour experts will be randomly assigned to the intervention (20) or to the control(20) group. Each labour expert has to recrute 11 clients for the RCT. The LE's in the intervention group will receive a traing CARm. The clients in the intervention group will be giuded in their work

reintegration by a CARm trained labour expert. Clients in the control group will be guided their work reintegration by labour experts who provide care as usual.

Outcome measures:

The outcome measures of the study are work status, perceived health, functioning, empowerment, quality of life, social support and readiness for return to work.

Measurements take place at baseline and at 3 and 12 months after baseline. A process evaluation will be performed at labour expert level and client level.

Doel van het onderzoek

Clients with multiple problems supported by a CARm trained labour expert will improve on functioning and work status.

The primary aim of the study is to evaluate the effectiveness of an integrated, client centred and strengths based approach compared to care as usual.

Onderzoeksopzet

Baseline questionnaire and follow-up questionnaires at 3 and 12 months after baseline measurement.

Onderzoeksproduct en/of interventie

At the level of the labour expert: Labour experts in the intervention group receive a three and a half day training in the CARm method. The labour expert will be trained to support the client on mutuality, focus on needs of client, activate resources, focus on strengths rather than pathology and toward self management.

Labour experts in the control group receive no training and continue their usual practice (care as usual).

At the level of the client:

Clients in the intervention group will be guided in their return to work (work participation) by a CARm trained labour expert.

Clients in the control group receive care as usual.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Clients with multiple problems
2. Clients with disability benefit from SSI

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Not able to understand, read or write the Dutch language

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Enkelblind
Controle:	Actieve controle groep

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-05-2016
Aantal proefpersonen:	440
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	01-04-2016
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL5626

Register

NTR-old

Ander register

ID

NTR5733

METcUMCG WOM:201600203/AKC : METc2016

Resultaten

Samenvatting resultaten

N/A