

# Continuous Care Trial

Gepubliceerd: 03-10-2019 Laatste bijgewerkt: 18-08-2022

Continuous care during labor by a maternity care assistant will reduce the usage of an epidural and will reduce complications and is therefore cost-effective and increases patient satisfaction about their labor experience

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON27156

### Bron

Nationaal Trial Register

### Verkorte titel

Continue Trial (CCT)

### Aandoening

Vaginal birth

## Ondersteuning

**Primaire sponsor:** ZonMW

**Overige ondersteuning:** ZonMw projectnummer: 209070001

## Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

Usage of epidural analgesia during labor

# Toelichting onderzoek

## Achtergrond van het onderzoek

### Background

To improve perinatal outcome, in 2009 the Steering Committee for Pregnancy and Childbirth in the Netherlands advised to implement continuous care during labor, although clear data on cost effectiveness are lacking. Despite a marked rise in the use of epidural anesthesia, current obstetrical caregivers are not able to supply continuous care for more than 70% of women. In the Dutch system, maternity care assistants supply care during the last stages of labor and the question is whether to extent care to a longer period of time would be a cost effective intervention.

### Methods

We propose an RCT on continuous care compared to care as usual. All multiparous and nulliparous women with an intention to a vaginal delivery, with understanding of the Dutch language and > 18 years of age can be included. The intervention consist of continuous care by a trained maternity assistant (MA) from the moment the obstetrical caregiver states labor has started.

The primary outcome will be use of epidural analgesia. Secondary outcomes are mode of delivery, complications, patient satisfaction and cost effectiveness which will be calculated by QALY per prevented EA based on utility index from the EQ-5D and usage of healthcare.

Standardized sensitivity analysis will be done to quantify the outcome and a budget impact analysis will be done . In order to show a reduction from 25% to 17% in the primary outcome 2x496 women are needed

## Doel van het onderzoek

Continuous care during labor by a maternity care assistant will reduce the usage of an epidural and will reduce complications and is therefore costeffective and increases patient satisfaction about their labor experience

## Onderzoeksopzet

Inclusion started 30-08-2018

## Onderzoeksproduct en/of interventie

Continuous support during labor from the moment midwife states labor has started by a maternity care assistant

# Contactpersonen

## Publiek

Maastricht University  
Adrie Lettink

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## Wetenschappelijk

Maastricht University  
Adrie Lettink

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Planned vaginal birth  
Women from 18 years or older  
Pregnancy in third trimester  
Living in the region of south Limburg

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Planned caesarean  
Not able to read informed consent (knowledge of Dutch language)

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd

Controle: Geneesmiddel

## Deelname

Nederland  
Status: Werving gestart  
(Verwachte) startdatum: 30-08-2018  
Aantal proefpersonen: 992  
Type: Verwachte startdatum

## Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nee

## Ethische beoordeling

Positief advies  
Datum: 03-10-2019  
Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL8065
CCMO	NL51853.068.17

# Resultaten