

# The effects of the antihistamine bilastine on actual driving performance.

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<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON27203

### Bron

Nationaal Trial Register

### Verkorte titel

N/A

### Aandoening

allergic rhinitis  
Sedation  
antihistamine  
Bilastine

### Ondersteuning

**Primaire sponsor:** FAES FARMA S.A.

**Overige ondersteuning:** FAES FARMA S.A.

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

Standard deviation of the lateral position (SDLP) in the Road Tracking test on day 1 and 8.

## Toelichting onderzoek

### Achtergrond van het onderzoek

Bilastine is a newly developed antihistamine. The main of the study is to gain more information about the sedative effects of two doses (20 and 40 mg) of bilastine and to assess the effect of repeated dosing on the road driving ability. It is expected that no differences will be detected between bilastine and placebo, and that differences will be detected between bilastine and placebo vs hydroxyzine using the actual driving test.

### DoeI van het onderzoek

The main of the study is to gain more information about the sedative effects of two doses (20 and 40 mg) of bilastine and to assess the effect of repeated dosing on the road driving ability. It is expected that no differences will be detected between bilastine and placebo, and that differences will be detected between bilastine and placebo vs hydroxyzine.

### Onderzoeksopzet

Day one and day 8 of each of four periods are testdays.

### Onderzoeksproduct en/of interventie

1. Bilastine 20 mg;
2. Bilastine 40 mg;
3. Placebo;
4. Active control: hydroxyzine.

## Contactpersonen

### Publiek

Maastricht University <br> Dept of Neuropsychology & Psychopharmacology, Faculty of Psychology and Neuroscience, P.O. Box 616

J.G. Ramaekers  
Maastricht 6200 MD  
The Netherlands  
+31 (0)43 3881951

## **Wetenschappelijk**

Maastricht University <br>  
Dept of Neuropsychology & Psychopharmacology, Faculty of Psychology and Neuroscience,  
P.O. Box 616  
J.G. Ramaekers  
Maastricht 6200 MD  
The Netherlands  
+31 (0)43 3881951

## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. Aged between 21 and 45 years;
2. Healthy volunteers;
3. BMI between 19 and 30;
4. Having a valid driving licence for more than 3 years;
5. Having a driving experience of at least 5000 km per year;
6. Able to give a written informed consent;
7. Able to understand the protocol and to come to the visits;
8. Use of a contraceptive method (for women).

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Medical history of major medical, psychiatric illness or surgery which, in the judgement of the investigator, could jeopardize their health or is likely to modify their handling of the study drug;

2. Any non corrected visual defect or locomotor disorder which could interfere with the study;
3. Acute or chronic systemic disease or disorder;
4. History of hypersensitivity to H1 antihistamines, benzimidazoles or lactose;
5. Seasonal allergic rhinitis or urticaria treated by antihistamine;
6. History of alcohol abuse.

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Cross-over
Toewijzing:	N.v.t. / één studie arm
Blindering:	Dubbelblind
Controle:	Placebo

### Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	04-06-2008
Aantal proefpersonen:	20
Type:	Verwachte startdatum

## Ethische beoordeling

Positief advies	
Datum:	20-03-2009
Soort:	Eerste indiening

## Registraties

## **Opgevolgd door onderstaande (mogelijk meer actuele) registratie**

Geen registraties gevonden.

## **Andere (mogelijk minder actuele) registraties in dit register**

Geen registraties gevonden.

## **In overige registers**

<b>Register</b>	<b>ID</b>
NTR-new	NL1635
NTR-old	NTR1732
Ander register	: Bila 2707/UMA
ISRCTN	ISRCTN wordt niet meer aangevraagd

## **Resultaten**

### **Samenvatting resultaten**

N/A