

Communication about E-Cigarettes in a Digital Smoking Cessation Intervention

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(1) We hypothesize that participants in the intervention condition will have smoked less tobacco cigarettes (adjusted for baseline measurements) in the past 7 days at 6-month follow-up compared to participants in the control condition. (2) We...

Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON27327

Bron

Nationaal Trial Register

Verkorte titel

TBA

Aandoening

smoking cessation

Ondersteuning

Primaire sponsor: National Institute for Public Health and the Environment (RIVM)

Overige ondersteuning: RIVM / The study is carried out at the Department of Health Promotion at Maastricht University.

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Number of tobacco cigarettes smoked in the past 7 days

Toelichting onderzoek

Achtergrond van het onderzoek

Electronic cigarettes (e-cigarettes) are used by some tobacco smokers to reduce and quit tobacco smoking. While it is undoubtedly established that the healthiest option is to quit tobacco smoking abruptly and altogether, the use of e-cigarettes in order to quit tobacco smoking may be considered a second best option in public health. Usually, governmental organizations only provide information on the best option to avoid or mitigate a specific risk. In this experimental study, we will assess the effects of communication about second best options on behavior change and informed decision making. Smokers will be randomized into one of two versions of a digital computer-tailored smoking cessation intervention – either receiving elaborate information about e-cigarettes or not. We will assess the effects of communication about e-cigarettes on smoking reduction, smoking cessation, and informed decision making. The primary outcome will be the number of tobacco cigarettes smoked in the past 7 days after 6 months from baseline. Seven-day point prevalence tobacco abstinence will also be assessed at 6-months follow-up. Differences between both conditions in informed decision making will be assessed directly post intervention.

Doel van het onderzoek

- (1) We hypothesize that participants in the intervention condition will have smoked less tobacco cigarettes (adjusted for baseline measurements) in the past 7 days at 6-month follow-up compared to participants in the control condition.
- (2) We hypothesize that participants in the intervention condition will show higher levels of informed decision making directly post intervention compared to participants in the control condition.

Onderzoeksopzet

Measures of tobacco abstinence will be assessed in a questionnaire at 6-month follow-up. Informed decision making will be assessed in a questionnaire directly post intervention.

Onderzoeksproduct en/of interventie

Computer-tailored smoking cessation intervention (based on existing intervention, Trial NL2954)

Contactpersonen

Publiek

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Inclusion criteria will be that participants are at least 18 years old, have sufficient command of the Dutch language, identify themselves as tobacco smokers, and are motivated to quit smoking within 5 years.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

N/A

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland

Status: Werving nog niet gestart

(Verwachte) startdatum: 15-03-2020

Aantal proefpersonen: 687

Type: Verwachte startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nee

Ethische beoordeling

Niet van toepassing

Soort: Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL8330
Ander register	Ethics Review Committee Health, Medicine and Life Sciences (FHML-REC) at Maastricht University : FHML-REC/2019/072

Resultaten