

Sexual dysfunction and experienced need for help for sexual problems in patients with mental health problems

Gepubliceerd: 24-03-2021 Laatste bijgewerkt: 18-08-2022

Patientes with mental disorders will experience more often sexual problems and a need for help for these problems compared to healthy controls

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Observationeel onderzoek, zonder invasieve metingen

Samenvatting

ID

NL-OMON27389

Bron

NTR

Verkorte titel

PsySek

Aandoening

Mental disorder

Ondersteuning

Primaire sponsor: none

Overige ondersteuning: none

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Sexual dysfunction (yes/no) based on the combined cut off scores of validated questionnaires

Toelichting onderzoek

Achtergrond van het onderzoek

Rationale: Despite data indication a high prevalence of sexual problems among victims of sexual abuse, an association of childhood sexual abuse with psychiatric disorders, and an association of psychiatric problems and sexual dysfunction, there seems to be limited attention in mental health care for sexual functioning of patients with psychiatric disorders including post-traumatic stress disorder. Studies indicate however that psychotherapy for sexual trauma related PTSD has positive effects on mental health, but that sexual problems may not be alleviated and ask for specific care. Research on the prevalence of sexual dysfunction in patients treated for psychiatric problems, the association with sexual trauma, and the need for help for sexual problems is however very scarce, while it may help to determine whether more attention for sexual functioning in mental health care may be valuable.

Objective: To answer the following questions:

- a. Do male and female patients receiving or recently completing therapy for mental health problems experience more sexual dysfunction compared to an age-matched control group from the general population?
- b. To what extent experience patients a need for help for sexual dysfunction?
- c. What is the association of type and magnitude of psychiatric symptoms and sexual abuse experience with sexual dysfunction?

Study design: Observational matched cohort study

Study population: Patients (age 18 years or older) receiving or recently completing therapy at the outpatient clinic of the mental health institution Rivierduinen Leiden, and healthy age-matched controls from Leiden and surroundings.

Intervention (if applicable): NA

Main study parameters/endpoints: Sexual dysfunction (yes/no) based on the combined cut off scores of validated questionnaires assessing sexual function and sexual distress. , Secondary parameters will be experienced need for help for sexual problems, socio-demographic data and information about physical health, relational functioning, psychiatric symptoms, and sexual and physical trauma assessed by validated questionnaires. The questionnaires are completed using a protected online questionnaire software system. . Information about diagnosis, character and duration of psychotherapeutic treatment, and medication use will be derived from the patient files at Rivierduinen.

Nature and extent of the burden and risks associated with participation, benefit and group relatedness: Completion of the online questionnaire will take 40 minutes. There is low risk associated with participation; answering questions on sexual function, psychiatric symptoms, and sexual and physical trauma may be experienced as emotionally burdensome, and confrontation with memories of sexual or physical trauma may elicit emotional distress.

Doel van het onderzoek

Patients with mental disorders will experience more often sexual problems and a need for help for these problems compared to healthy controls

Onderzoeksopzet

Questionnaires on sexual function (FSFI & IIEF), sexual distress (SDS), experienced need for help, relational functioning (MMQ), psychiatric symptoms (SQ48), and sexual and physical trauma (SPAQ, PCL-5) will be completed once

Onderzoeksproduct en/of interventie

none

Contactpersonen

Publiek

LUMC
Stephanie Both

0715263121

Wetenschappelijk

LUMC
Stephanie Both

0715263121

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Age 18 years or older

Patients:

- Being a patient registered at the outpatient clinic of GGZ Rivierduinen Leiden
- Currently receiving or having recently (at maximum 6 months ago) completed therapy at

the outpatient clinic of GGZ Rivierduinen. Therapy means at least 1 appointment with a health professional at GGZ Rivierduinen

Controls:

- Currently not receiving treatment for psychological or psychiatric complaints.
- No recent (less than 18 months ago) treatment for psychological or psychiatric complaints.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Known intellectual disability (IQ < 80) (Information derived from the psychiatric file)

Onderzoeksopzet

Opzet

Type:	Observationeel onderzoek, zonder invasieve metingen
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	24-03-2021
Aantal proefpersonen:	188
Type:	Verwachte startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

Ethische beoordeling

Positief advies	
Datum:	24-03-2021

Soort:

Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
----------	----

NTR-new	NL9549
---------	--------

Ander register METC Leiden Den Haag Delft : METC Leiden Den Haag Delft NL74823.058.20

Resultaten