# Delirium Op de PICU studie (DOP-studie).

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**Ethische beoordeling** Niet van toepassing **Status** Werving nog niet gestart

Type aandoening -

**Onderzoekstype** Observationeel onderzoek, zonder invasieve metingen

## **Samenvatting**

#### ID

NL-OMON27483

**Bron** 

NTR

**Verkorte titel** 

DOP

#### **Aandoening**

Pediatric Delirium
Pediatric Intensive Care Unit

## **Ondersteuning**

**Primaire sponsor:** MUMC+

Overige ondersteuning: MUMC+

## Onderzoeksproduct en/of interventie

#### **Uitkomstmaten**

#### **Primaire uitkomstmaten**

The primary study parameters are: Delirium yes or no with a positive result after diagnostic testing.

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

The pediatric delirium hasn't been studied for a long time. The prevalence is 5 to 35 percent. Because the pediatric delirium, and the delirium in general, results in a longer length of stay with higher mortality rates, it is neccessary to diagnose the delirium as quickly as possible. Because of its fluctuating course it is difficult to diagnose the delirium. A good diagnostic instrument can make diagnosing the delirium easier, faster and more efficient.

In adultpsychiatry there are a few diagnostic instruments which are not validated for children yet. For example the CAM-ICU has resently been adapted for use in children by Wes Ely and collaegues. Before these diagnostic instruments can be used in the PICU they have to be validated first. Our objective is to validate multiple diagnostic instruments, especially the pCAM-ICU. By comparing these instruments, we can develope an algoritm which can be used by nursing staff to diagnose the pediatric delirium as soon as possible so that farmacotherapy can be started. The different diagnostic instruments (PAED, comfort-score, DRS-88/DRS-98, pCAM-ICU) will be used twice a day in critically ill children in the PICU which are non-elective OR longer than 48 hours after an elective operation and in the age of 5 to 17 years. Informed consent is necessary.

Also we will note the patients medications.

There are two research teams: the first team consists of a child psychiatrist and a child neuropsychologist (the golden standard / the reference team) and the second team consists of a senior medical student together with a senior psychology student (the validating team). When the second team finds a pediatric delirium by using the diagnostic instruments, the first team will confirm or reject the diagnosis. When the diagnosis pediatric delirium has been made, farmacotherapy will be started.

(When the child intensivists suspect a pediatric delirium they will contact the child psychiatrist for consultation). Critically ill children on a PICU in the age of 5 to 17 years of age who are admitted on a non-elective base OR have been staying on the PICU for longer than 48 hours after elective surgery. The primary study parameters are: delirium yes or no with a positive result after diagnostic testing. During the use of the diagnostic instruments, a few 'points' will be collected in order to test the cut-off value.

The current use of medication will be documented as well as the reason of admission in order

to examine the etiology in retrospect of pediatric delirium. Eventhough our patient population is critically ill, most of the diagnostic instruments will be observational and only the comfort-score and pCAM-ICU could be considered "invasive / psychological invasive". There will be a short physical contact to measure the muscle tone and some questions will be asked regarding statements or pictures. The CAM-ICU and Comfort-score are already in used in adult intensive care unit's (ICU's), and we expect that the burden will be minimal in children as well.

#### Doel van het onderzoek

- 1. We expect that the PAED will be at least as reliable to diagnose a pediatric delirium, compared to the pCAM-ICU;
- 2. By combining the PAED, Comfort and SOS-score and pCAM-ICU for the diagnosis of pediatric delirium on the PICU, the critical care nurses and staff will be able to diagnose a pediatric delirium in a more reliable and valid manner.

#### Onderzoeksopzet

Twice daily during the stay at the PICU.

#### Onderzoeksproduct en/of interventie

If the first team suspects a pediatric delirium, they will always and immediately alert the reference rater team in order to confirm the diagnosis of delirium and treat the patient according to pediatric delirium guideline in the MUMC+.

Treatment of pediatric delirium:

As part of the treatment, the patient will be evaluated twice a day for signs of discomfort and stressors noted by the children/nurses/ family. We will also continue to intensify the routine psychosocial protocol as we have done in the past. For the psycho-pharmacological treatment of pediatric delirium Schieveld et al has adapted, by fine tuning a treatment guideline which is currently being used on the PICU of the MUMC+ (23, page 118). For children older than 4, a treatment of risperidone p.o. is also an option. There is limited data available for the treatment of delirium of an age younger than 1. Patients who have been treated for their delirium will be evaluated six weeks after discharge

Patients who have been treated for their delirium will be evaluated six weeks after discharge of the hospital, either in an outpatient face to face meeting or by a telephone interview. Herewith we ask the parents /caretakers regarding all the dimensions of functioning of the formerly hospitalized child. (E.g emotions- cognition- social functioning- school).

## Contactpersonen

#### **Publiek**

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#### Wetenschappelijk

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### **Deelname** eisen

# Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

All non-elective patients admitted to the PICU between the age of 1 and 17, ventilated or non-ventilated, will be screened for eligibility regardless of admitting diagnosis which includes both surgical and medical population. This also regards children who have been admitted to the PICU after an elective surgical procedure and who are still at the PICU after 48 hours.

# Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- 1. All patients admitted to the PICU on an elective base;
- 2. Regarding the use of the pCAM- ICU and the neurocognitive items: 3, 5, 6, & 13 of the DRS 88/98:
- A. Children less than five years of age, because the pCAM-ICU will require some degree of education and baseline level of functioning of the child;
- B. Children of at least five years of age, but with a level of cognition less than five years of age, for the same reasons as given above;
- C. Non-Dutch speakers;

D. Children with visual or hearing impairments who are unable to be assessed using the pCAM-ICU.

# **Onderzoeksopzet**

### **Opzet**

Type: Observationeel onderzoek, zonder invasieve metingen

Onderzoeksmodel: Parallel

Toewijzing: N.v.t. / één studie arm

Blindering: Open / niet geblindeerd

Controle: N.v.t. / onbekend

#### **Deelname**

Nederland

Status: Werving nog niet gestart

(Verwachte) startdatum: 11-01-2009

Aantal proefpersonen: 125

Type: Verwachte startdatum

# **Ethische beoordeling**

Niet van toepassing

Soort: Niet van toepassing

# **Registraties**

## Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register ID

NTR-new NL1957 NTR-old NTR2065

Ander register NL: 28525.068.09

ISRCTN wordt niet meer aangevraagd.

## Resultaten

#### Samenvatting resultaten

Because there are no sponsors there are no arrangements made regarding publications. The participating medical and psychological students however will try to write their final thesis regarding: their participation in this PD study and the main results.